

EHT Recreation

SUMMER PROGRAM GUIDE

OFFICE HOURS

Monday - Friday
8:30 am - 4:30 pm

REGISTRATION

Resident Registration
Begins: June 5
Ends: June 25

JUNE 1, 2025

CONTACT INFORMATION

(609) 272 - 8120
Recreation@ehtgov.org
www.EHTRec.com

DATES

Non-Resident Registration
Begins: June 12
Ends: June 25



SUMMER SPECIALTY CAMP

Creative Kids Summer

Fun

Join us for a fun-filled summer at our Creative Kids Summer Fun camp! Little ones will explore, learn, and play in a safe and nurturing environment. Our activities are designed to spark creativity, build social skills, and encourage outdoor exploration through games, arts and crafts, and interactive learning. With a focus on fun and friendship. Your child will make lasting memories while developing new skills in a supportive and engaging atmosphere! Please send them with a light snack and water bottle. Sunscreen should be applied to campers prior to arrival. Participants must be potty trained.

Location: Ms. Doreen
Instructor: 4 - 5
Ages: EHTCC
Days: Tuesday - Thursday
Dates: June 24 - August 28
Times: 9 am - 12 noon
Price: \$ 540 R / \$ 560 NR

Soccer Camp

Join EHT Recreation and New Jersey Surf Soccer for some Soccer Fun. This program is geared for children with little to no soccer experience to help build on the basic skills already learned. This is an instructional only camp for boys and girls. There are no teams or league play. Our professional trainers will lead a variety of skill building soccer drills and games.

Location: Tony Canale Park
Instructor: New Jersey Surf Soccer
Days: Monday - Thursday
Dates: June 30 - July 3

Three - Six Year Olds

Ages: 3-6
Times: 9 am - 10:30 am
Price: \$ 100

Seven - Fourteen Year Olds

Ages: 9 am - 12 noon
Times: \$ 200
Price: 7 - 14

Biology Camp

Biology camp will offer a fun and interactive way to learn about biology, growing a deeper understanding and appreciation for the subject. Biology camp offers a fun and engaging way to learn about the natural world. Each day the campers will participate in hands-on activities, like experiments, projects, and challenges.

Location: EHT Community Center
Instructor: Miss Emma
Days: Monday - Thursday
Times: 1 pm - 3 pm
Price: \$ 120

Session 1

Dates: July 7 - July 10
Grades: 6 - 8 (as of 9/1/25)

Session 2

Dates: July 21 - 24
Grades: 3 - 5 (as of 9/1/25)

National CSI Camp

Work a mock crime scene investigation from beginning to end, culminating in a mock trial! Collect evidence using the most up-to-date modern techniques and methodologies. Follow the clues left behind by the suspect(s) and develop supporting evidence to solve the crime. This educational camp is for students with an interest in law enforcement or related forensic sciences, designed to challenge all students while having fun. Taught by Captain (ret) Sean Clancy formerly of Atlantic County Prosecutor's Office and other experienced Detectives.

Location: EHT Community Center
Instructor: Captain (ret) Sean Clancy

Grades: 7 - 12
Days: Monday - Friday
Dates: July 28 - August 1
Times: 9 am - 12 pm
Price: \$ 200

Hip Hop Camp

Join Mrs. Danielle for a week of dancing to upbeat music while mastering moves like popping, locking, and breaking. Perfect for kids looking to build confidence, rhythm, and style through creative choreography. Campers will show off what they learned at a brief showcase on Friday.

Location: EHT Community Center
Instructor: Mrs. Danielle
Ages: 8-12
Days: 9 am - 10:30 am
Dates: Monday - Friday
Times: July 14 - July 18
Price: \$ 100

5th-8th Grade Basketball Camp

Our staff will teach the game of basketball in a fun and instructional atmosphere. Participants will engage in drills for footwork, passing, dribbling and shooting in addition to playing games. No teams or league play.

Location: Bargaintown Park
Instructor: Coach Cam
Grades: 5 - 8 (as of 9/1/25)
Days: Monday - Friday
Dates: July 21 - July 25
Times: 9 am - 11 am
Price: \$ 150

Chemistry Camp

Encourage your camper's love of chemistry with curiosity and critical thinking by developing a basic understanding of chemistry in a creative, hands-on environment. Learn about States of matter or atoms and molecules with fun and exciting experiments and activities!

Location: EHT Community Center
Instructor: Miss Emma
Days: Monday - Thursday
Times: 1 pm - 3 pm
Price: \$ 120

Session 1

Dates: July 14- July 17
Grades: 6 - 8 (as of 9/1/25)

Session 2

Dates: July 28 - July 31
Grades: 3 - 5 (as of 9/1/25)

SUMMER SPECIALTY CAMP

Mixed Media Art Camp

Explore the world of mixed media art in this week-long hands-on class! Each day, you'll dive into the creative process combining 2D and 3D techniques to create dynamic one-of-a-kind pieces. Whether you are a beginner or a seasoned artist, this camp is designed for you. Come ready to unleash your imagination and develop new artistic skills in a fun, supportive environment!

Location: EHT Community Center
Instructor: Miss Jana Keeley
Days: Monday - Friday
Times: 5:30 - 7 pm
Price: \$150
[Session 1](#)
Dates: July 21 - July 25
Grades: 4 - 6 (as of 9/1/25)
[Session 2](#)
Dates: July 28 - August 1
Grades: 7 - 8 (as of 9/1/25)

Prince & Princess Tea Party Camp

Join Mrs. Danielle for a week as a Prince/Princess! Your royalty will craft their own crown/tiara, wand, and teacup throughout the week. They will also learn a simple song and dance, as well as play royal games! The week will conclude with a tea party that will include a performance of the song and dance the prince & princesses have learned.

Royalty must be potty trained

Location: EHT Community Center
Instructor: Mrs. Danielle
Ages: 3 - 7
Days: Monday - Friday
Dates: August 4 - August 8
Times: 9 am - 10:30 am
Price: \$100

Unified Camp

Join EHT Unified Sports as they partner with EHT Recreation for a fun filled week! Basketball, Kickball, Pillow Polo and Yoga are just a few of the activities that your camper will enjoy! Each day will have an awesome theme to keep things exciting:

- Monday - Disney Day
- Tuesday - Walk on the wild side
- Wednesday - Under the Sea
- Thursday - Rainbow Day

For more information, please contact Coach Diz at olenikd@eht.k12.nj.us

Location: EHTCC Gym
Instructor: Coach Diz and staff
Ages: 7 - 21
Days: Monday - Thursday
Dates: August 11- August 14
Times: 8 am - 10 am
Price: \$50

Bounce Out The Stigma

This camp is about Building Self Confidence, Improving Motor Skills, Developing Peer Trust, Making Friends, Having FUN, and Yes, Basketball

For children ages 7 - 21 with SPECIAL NEEDS Our programs are tailored for youth with Autism, ADHD, Epilepsy, Mental & Emotional Challenges, Kids with Learning Disabilities, Slow Motor Skill Development, and Social Interaction Issues as a result of Neurologic Disorders All will do well in our nurturing environment. **Each player receives an official camp t-shirt and ball**

Location: EHT Community Center
Instructor: Mighty Mike
Grades: 7 - 21
Days: Monday - Friday
Dates: August 4 - August 8
Times: 9:30 am - 1 pm
Price: \$50



Performing Arts Camp

Calling all performers ages 6 - 12! No experience needed. If your child loves to act, sing, or dance, then this camp is for them! Camp runs August 18th- August 22nd. Campers will perform a musical on Friday, August 22nd. There will be singing/dancing or acting parts-- something for everyone!

Location: EHT Community Center
Instructor: Mrs. Veronica
Ages: 6 - 12
Days: Monday - Friday
Dates: August 18 - August 22
Times: 8:30 am - 10:30 am
Price: \$150

3rd-4th Grade Basketball Camp

Learn the basics of basketball in a fun and instructional atmosphere. Participants will engage in drills for footwork, passing, dribbling and shooting in addition to playing games. No teams or league play.

Location: EHTCC Gym
Instructor: Coach Cam
Grades: 3 - 4 (as of 9/1/25)
Days: Monday - Friday
Dates: August 18 - August 22
Times: 9:30 am - 11:30 am
Price: \$150

SPECIAL EVENTS

Hooked on Fishing - Not on Drugs

Boat Trip

Join EHT Recreation and EHT Municipal Alliance for the "Hooked on Fishing" Boat trip to promote drug and alcohol awareness. The bus departs the EHT Community Center and travels to Sea Isle City where we board the "STARFISH." The bus departs the Community Center at 11 AM and returns at approximately 6 PM. Ages 7-21, a parent/guardian is required, ages 13 and up, parent/guardian is not required. A brief drug and alcohol presentation will be held for all participants prior to boarding the bus.

Dates: Thursday, July 10 or
Thursday, August 7
Times: 11 am - 6 pm
Price: \$20/participant/trip
\$10/guardian/trip

Learn to Play Pickleball

Join EHT Recreation for a Pickleball Open House!
Come out and experience the excitement of pickleball with EHT Recreation and our dedicated Pickleball Ambassadors!

- Activities for all ages!
- Live demonstrations
- Pick-up games for all skill levels
- Technique tips and Q&A sessions
- Facility tours
- Door prizes and much more!

Whether you're brand new to the sport or a seasoned player, this is the perfect chance to connect with the community and enjoy a fun-filled day of pickleball. Don't miss it – see you on the court!

Date: Thursday, June 19
Time: 5 pm - 7 pm
Location: MK Betterment Park

Grab -n- Go Crafts

Looking for a fun spring project? Swing by the EHT Recreation Office beginning on June 9th between 9 am - 4:30 pm to pick up a grab and go summer craft! The only supplies you'll need at home are scissors and glue! Available for EHT Residents only. While supplies last. For more information contact the Recreation Office at (609) 272 -8120.

Monday Morning Madness

Sponsored by Mott Watkins and Associates
Every Monday Morning beginning at 11 am
Robert J. Lincoln Ampitheater in Tony Canale Park

6/30 Science Heros - Adventure of missing color
7/7 Magician Bill Kerwood
7/14 Family Stages - Robin Hood
7/21 One Man Circus - Ben Lippman
7/28 Ventriloquist Justin Hilfka
8/4 Currier's Bubble Show
8/11 Magic of Chad Juros
8/18 Magic of Ken Northridge
8/25 Curriers' Tropical Rainforest

Rythm in the Park Concert Series

Sponsored by Sea Shore Construction
will run from 7 - 9 pm at the
Robert J. Lincoln Ampitheater in Tony Canale Park

Fri 6/27 Duck & Cover
Fri 7/11 5 Pints Low
Fri 7/18 Rock-n-Rhythm
Fri 7/25 Big Daddy Duo
Fri 8/1 Poor Mouth Henry
Fri 8/8 B'Jam
Fri 8/15 Six Mile Cross
Fri 8/22 Playback Band
Thurs 8/28 Acoustics of Ryan Wokock

Movies in the Park

Sponsored by EHT Clean Communities
Movies begin at 6pm
Robert J. Lincoln Ampitheater in Tony Canale Park

7/19 Inside Out 2
8/16 Beetlejuice

15th Annual Holiday Craft Show

Applications are now available for our fall craft show! The application process to become a vendor has changed some, so we ask that you look over the application prior to submitting. For more information, please visit our website at www.ehtrec.com. This event is free for the public to attend.

Date: Saturday, November 8
Time: 9 am - 3 pm

BUS TRIPS

All trips depart from the EHT Community Center, 5045 English Creek Ave. Seats are limited. Participants 17 years old and under must be accompanied by an adult.

Registration can be done online at www.ehtrec.com or in person at the Recreation office located at 5045 English Creek Ave, Monday - Friday, 9 am - 4:30 pm. Payment must be made at the time of reservation.

Trips that have not reached minimum capacity will be canceled 2 weeks prior to the trip.

Refunds will only be given if cancelations are made 10 working days in advance. \$5 processing fee will apply.

Inner Harbor Baltimore

A myriad of activities, historical attractions, and shopping awaits you along the beautiful Inner Harbor.

Date:	Sunday, June 15
Departs EHT	7 am
Departs IH	6 pm
Cost	\$55

Yankee Stadium

Take me out to the ballgame! Cost includes round trip transportation, ticket, and food voucher. Space is **extremely** limited.

Date:	Saturday, July 26
Departs EHT	10 am
Cost	\$120

New York City

Explore the city that never sleeps! We get you there, what you do is entirely up to you. Where we drop you off is where we pick you up.

Date:	Saturday, September 13
Departs EHT	8 am
Departs NYC	7 pm
Cost	\$60

Washington DC

This bus will drop you off near the museums where you can make your own connections to other points of interest. Whatever you decide to do it will be a fun filled day!

Date:	Saturday, October 18
Departs EHT	7 am
Departs DC	6 pm
Cost	\$60

Peddler's Village Holly Jolly Fest

Come celebrate the holidays at the Holly Jolly Weekend this year. Enjoy live music entertainment, family activities, holiday food and drink specials and a gingerbread display. Santa parades through the village starting at 1:30pm. Visit our 60+ specialty shops for great holiday gifts. At 4:30pm, the village becomes a magical nighttime Christmas wonderland!

Date:	Sunday, December 7
Departs EHT	9 am
Departs PV	6 pm
Cost	\$60

New York City at Christmas Time

Explore the city that never sleeps while it is all decked out for the holiday season! We get you there, what you do is entirely up to you. Get your gift shopping done or just enjoy the festivities. Where we drop you off is where we pick you up.

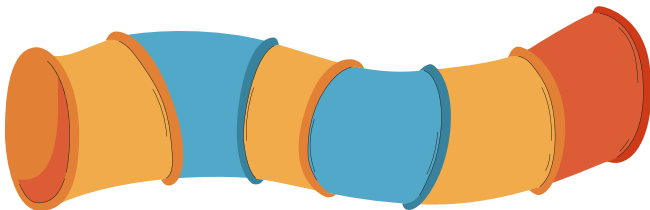
Date:	Saturday December 13 or Saturday, December 20
Departs EHT	8 am
Departs NYC	7 pm
Cost	\$60

PRE-SCHOOL PROGRAMS

Ready Set Go

This program will introduce children to a variety of different exercises in a structured, safe environment including stretching, kickball, exercise, skipping, hopping, parachute play, and t-ball. This program will also teach the importance of good sportsmanship and teamwork while playing games. Adults may be required to participate.

Location: EHTCC Gym
Instructor: Ms. Toni-Lynn
Ages: 2-5
Days: Wednesdays
[Morning Class](#)
Dates: July 2 - September 24
(No Class 9/3)
Times: 10:15 am - 11:15 am
Price: \$ 96 R / \$106
[Evening Class](#)
Dates: July 2 - August 27
Times: 4 - 5 pm
Price: \$ 72 R / \$ 77 NR



Friday Morning Story Time

Join Ms. Doreen for a delightful session where she brings to life some of her favorite children's books, followed by a hands-on craft activity inspired by the story. It's a perfect blend of imagination and creativity! Parent participation may be required.

Location: EHTCC 117
Instructor: Ms. Doreen
Ages: 2 - 4
Days: Fridays
Dates: July 18 - August 22
Times: 10:30 am
Price: \$ 10 R / Day / \$ 12 NR / Day
multi-week discounts may apply

Tiny Tigers

Our karate program features a structured class to motivate children and teach them concentration, listening skills, coordination, and teamwork. Master Carson and his instructors bring a wealth of experience in leading participants in their learning.

Location: EHTCC Aux Gym
Instructor: Master Carson and Karate Staff
Ages: 4 - 5
Days: Wednesdays
Dates: July 2 - September 24
Times: (No Class 9/3)
Price: 5:00 pm - 5:30 pm
\$ 55 R / \$ 60 NR



RECREATION DANCE

Our dance program is a great way for children to be introduced to the world of dance and learn the basics in a fun, stress-free environment from our caring instructors. Our participants will then progress through our dance program levels and refine their skills. A fantastic dance recital concludes each session.

Recital will be held in November or early December. Exact Dates will be released once the school district approves the dates.

3-4 Year-Olds Jazz Ballet

Learn the basics in this class combines the best of both worlds! Students will learn the structured elegance of ballet alongside the upbeat, energetic moves of jazz. Students will learn 1 ballet routine and 1 jazz routine.

Location: EHTCC 110
Ages: 3 - 4
Price: \$ 180 R / \$ 200 NR

Monday Class

Instructor: Ms. Danielle
Days: Mondays
Start Date: July 7
(No Class 9/1, 10/13)
Times: 4:45 - 5:30 pm

Tuesday Class

Instructor: Miss Kaila
Days: Tuesdays
Start Date: July 8
(No 8/5, 9/2, 11/4, 11/11)
Times: 4:45 - 5:30 pm

Tuesday Class

Instructor: Miss Bella
Days: Tuesdays
Start Date: July 8
(No 9/2, 11/4, 11/11)
Times: 5:30 - 6:15

Thursday Class

Instructor: Miss Emilie
Days: Thursdays
Start Date: July 10
(No Class 9/4, 11/27)
Times: 5:30 - 6:15 pm

5-7 Year-Olds Jazz Ballet

Revisit the basics and build on your dancers' knowledge in this class combines the best of both worlds! Students will learn the structured elegance of ballet alongside the upbeat, energetic moves of jazz. Students will learn 1 ballet routine and 1 jazz routine.

Location: EHTCC 110
Ages: 5 - 7
Price: \$ 180 R / \$ 200 NR

Monday Class

Instructor: Ms. Danielle
Days: Mondays
Start Date: July 7
(No Class 9/1, 10/13)
Times: 5:30 - 6:15 pm

Thursday Class

Instructor: Miss Kaila
Days: Thursdays
Start Date: July 10
(No Class 9/4, 11/27)
Times: 4:45 - 5:30 pm

Thursday Class

Instructor: Miss Emilie
Days: Thursdays
Start Date: July 10
(No Class 9/4, 11/27)
Times: 6:15 - 7 pm

Friday Class

Instructor: Miss Kaila
Days: Fridays
Start Date: July 11
(No 9/5, 10/31, 11/28)
Times: 4:45 - 5:30 pm

Saturday Class

Instructor: Ms. Veronica
Days: Saturdays
Start Date: July 12
(No Class 8/30, 9/6, 10/11, 11/8, 11/29)
Times: 9 - 9:45 am

5-7 Year-Olds Hip Hop

Dance to upbeat music while mastering moves like popping, locking, and breaking. Perfect for kids looking to build confidence, rhythm, and style through creative choreography. Students will learn 2 dance routines.

Location: EHTCC 110
Ages: 5 - 7
Price: \$ 180 R / \$ 200 NR

Monday Class

Instructor: Ms. Danielle
Days: Mondays
Start Date: July 7
(No Class 9/1, 10/13)
Times: 6:15 - 7 pm

Tuesday Class

Instructor: Miss Bella
Days: Tuesdays
Start Date: July 8
(No 9/2, 11/4, 11/11)
Times: 6:15 - 7 pm

Unified Dance



Learn the basics of dance in a fun safe sensory friend class. Dancers will be partnered with a buddy to help them learn and thrive in the class. Dancers will have the option to perform as the opening in our dance recital! Parent participation may be required.

Location: EHTCC 109
Ages: 5 - 10
Price: \$ 65 R / \$ 70 NR

Instructor: Ms. Danielle
Days: Wednesdays
Start Date: September 10
(No Class 11/26)
Times: 5:30 - 6:15 pm



RECREATION DANCE

Our dance program is a great way for children to be introduced to the world of dance and learn the basics in a fun, stress-free environment from our caring instructors. Our participants will then progress through our dance program levels and refine their skills. A fantastic dance recital concludes each session.

Recital will be held in November or early December. Exact Dates will be released once the school district approves the dates.

8-10 Year-Olds

Jazz Ballet

Revisit the basics and build on your dancers' knowledge in this class combines the best of both worlds! Students will learn the structured elegance of ballet alongside the upbeat, energetic moves of jazz. Students will learn 1 ballet routine and 1 jazz routine.

Location: EHTCC 110
Ages: 8 - 10
Price: \$ 180 R / \$ 200 NR

Monday Class

Instructor: Ms.
Days: Mondays
Start Date: July 7
(No Class 9/1, 10/13)
Times: 7 - 7:45 pm

Thursday Class

Instructor: Miss Emilie
Days: Thursdays
Start Date: July 10
(No Class 9/4, 11/27)
Times: 7 - 7:45 pm



11-13 Year-Olds Jazz

Ballet

Revisit the basics and build on your dancers' knowledge in this class combines the best of both worlds! Students will learn the structured elegance of ballet alongside the upbeat, energetic moves of jazz. Students will learn 1 ballet routine and 1 jazz routine.

Location: EHTCC 110
Ages: 11 - 13
Price: \$ 180 R / \$ 200 NR

Monday Class

Instructor: Ms. Kaila
Days: Mondays
Start Date: July 7
(No Class 9/1, 10/13)
Times: 7:45 - 8:30 9m

Tuesday Class

Instructor: Miss Danielle
Days: Tuesdays
Start Date: July 8
(No 8/5, 9/2, 11/4, 11/11)
Times: 7:45 - 8:30



8-10 Year-Olds Hip Hop

Dance to upbeat music while mastering moves like popping, locking, and breaking. Perfect for kids looking to build confidence, rhythm, and style through creative choreography. Students will learn 2 dance routines.

Location: EHTCC 110
Ages: 8 - 10
Price: \$ 180 R / \$ 200 NR

Tuesday Class

Instructor: Ms. Veronica and Miss Bella
Days: Tuesdays
Start Date: July 8
(No 9/2, 11/4, 11/11)
Times: 7 - 7:45 pm

Wednesday Class

Instructor: Miss Bella
Days: Wednesdays
Start Date: July 9
(No Class 9/3, 11/26)
Times: 5:30 - 6:15 pm

11-18 Year-Olds

Contemporary

Join our Contemporary Dance class to explore dynamic movements and creative choreography. Combining modern, ballet, and jazz techniques, you'll improve strength, flexibility, and self-expression through dance. Students will learn 2 dance routines.

Location: EHTCC 110
Ages: 14 - 18
Price: \$ 180 R / \$ 200 NR

Thursday Class

Instructor: Miss Emilie
Days: Thursdays
Start Date: July 10
(No Class 9/4, 11/27)
Times: 7:45 - 8:30 pm

RECREATION DANCE

Our dance program is a great way for children to be introduced to the world of dance and learn the basics in a fun, stress-free environment from our caring instructors. Our participants will then progress through our dance program levels and refine their skills. A fantastic dance recital concludes each session.

Recital will be held in November or early December. Exact Dates will be released once the school district approves the dates.

14 - 18 Year-Olds Lyrical

Join our Lyrical Dance class to express emotion through graceful, flowing movements. Combining ballet and contemporary techniques, you'll build strength and flexibility while telling a story through music. Students will learn 2 dance routines.

Location: EHTCC 110
Ages: 14 - 18
Price: \$ 180 R / \$ 200 NR

Wednesday Class

Instructor: Miss Kaila and Miss Bella
Days: Wednesdays
Start Date: July 9
(No Class 9/3, 11/26)
Times: 4:45 - 5:30 pm

14 - 18 Year-Olds Hip Hop

Dance to upbeat music while mastering moves like popping, locking, and breaking. Perfect for kids looking to build confidence, rhythm, and style through creative choreography. Students will learn 2 dance routines.

Location: EHTCC 110
Ages: 14 - 18
Price: \$ 180 R / \$ 200 NR
Wednesday Class

Instructor: Ms. Danielle
Days: Wednesdays
Start Date: July 9
(No Class 9/3, 11/26)
Times: 7 - 7:45 pm

14 - 18 Year-Olds Jazz

Ballet

Revisit the basics and build on your dancers' knowledge in this class combines the best of both worlds! Students will learn the structured elegance of ballet alongside the upbeat, energetic moves of jazz. Students will learn 1 ballet routine and 1 jazz routine.

Location: EHTCC 110
Ages: 14 - 18
Price: \$ 180 R / \$ 200 NR
Wednesday Class

Instructor: Ms. Danielle
Days: Wednesdays
Start Date: July 9
(No Class 9/3, 11/26)
Times: 7:45 - 8:30 pm

Adult Happy Hour Jazz Pop

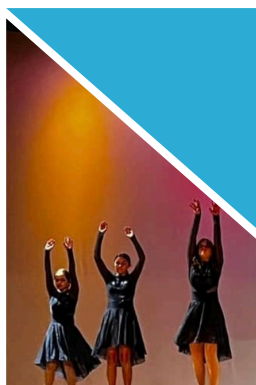
New
Class!

Move, groove, and energize your body in this fun, upbeat class designed just for adults! Learn jazz-based choreography with a hip hop twist. No dance experience needed, just come ready to move and have fun!

Participants may be required to provide part of their recital costume.

Location: EHTCC 110
Ages: 18+
Price: \$ 140 R / \$ 150 NR
Friday Class

Instructor: Ms. Danielle
Days: Fridays
Start Date: July 11
(No 9/5, 10/31, 11/28)
Times: 5:30 - 6:15 pm



YOUTH PROGRAMS

Tennis

This clinic is designed to teach the fundamentals of tennis. It will feature individual and group instruction from our experienced tennis staff. Ground strokes, volleys, serves and game play will be covered.

Location: Tony Canale Park
Tennis Courts
Instructor: Miss Joanie and Tennis Staff
Days: Saturday
Dates: July 12 - August 23
Price: \$70 R / \$ 75 NR

Junior Tots Tennis

Ages: 6 - 7
Times: 9 am - 10 am

Beginners Tennis

Ages: 8 - 16
Times: 10 am - 11 am

Intermediate Tennis

Ages: 8 - 16
Times: 11 am - 12 noon

Fencing

Learn the centuries-old art of defense with a point weapon. Students will be instructed in the basics of foil fencing, footwork and parries. Participants will build team working skills by judging and directing matches according to traditional rules. Returning fencing students will expand on their knowledge to become proficient with all three weapons - foil, saber, and epee. Fencing enhances confidence and coordination. Students will be divided into smaller groups based on skill and experience level. All gear is provided. Bruising may occur.

Location: EHTCC Aux Gym
Instructor: Miss Amanda and Mr. James
Ages: 11 - 18
Days: Tuesdays
Dates: June 24 - August 12
Times: 6:30 pm - 8:30 pm
Price: \$ 80 R / \$ 90 NR

Dodgeball

Join EHT Recreation and EHT LEAP for some summer fun! Challenge some of the LEAP volunteers to a game of dodgeball and see who can best the other team! This program is for EHT residents only.

Pre-registration is preferred but not required.

Location: EHTCC Aux Gym
Instructor: EHT LEAP Volunteers
Grades: 3 - 8 (as of 9/1/25)
Days: Wednesdays
Dates: July 9 - August 20
Times: 12 noon - 1 pm
Price: Free



Pickleball Playground

Join us for a fun, beginner-friendly pickleball clinic for kids! Players will learn the basics of the game, including rules, scoring, and court setup. Through engaging drills and games, they'll build key skills like serving, volleying, dinking, and footwork.

Coaches provide hands-on instruction with a focus on teamwork, sportsmanship, and having fun. All equipment is provided—just bring sneakers, water, and energy!

Location: Delilah Oaks Park
Instructor: Cam and Jailynn
Ages: 8 - 14
Days: Mondays
Dates: June 30 - August 25
Times: 5 - 6:30 pm
Price: \$ 90 R / \$ 100 NR

Karate

Karate students learn Tang Soo Do, a practical martial arts and self-defense techniques which stresses self-control, discipline, respect, and perseverance. Classes are taught by Master Carson who brings a wealth of experience in instruction and leading participants in learning. Once students move from the beginner class attendance is important. Students are required to attend a minimum of 24 classes between taking their belt tests and skills review. Karate will build balance and physical conditioning. They will develop a great work ethic and allow students to reach accomplishments by testing and passing their belt exams. This program is run in accordance with Yi's Karate School and the International Marital Arts Association.

Adult Class are available - information in adult program section

Location: EHTCC Aux Gym
Instructor: Master Carson and Karate Staff

Ages: 6 - 16
Days: Mondays and Wednesdays

Dates: June 30-September 24
(No Class 9/1 or 9/3)

Beginners Karate (No Belts)

Times: 5:30 - 6 pm
Price: \$ 75 R / \$ 80 NR

Returning Students Karate (White - Blue Belts)

Times: 6 - 7 pm
Price: \$ 110 R / \$ 120 NR

Advanced Students Karate (Brown - Black Belts)

Times: 7 - 8 pm
Price: \$ 110 R / \$ 120 NR



FITNESS - YOUTH CLASS

Youth Yoga

Join Miss Bella and Miss Abby for a fun and engaging yoga and mindfulness class. Learn how to manage anxiety and relaxation of the body and mind through breathing exercises and meditation. No prior knowledge needed to participate in this class. Come to class with a water bottle and a yoga mat.

Location: EHTCC 111
Instructor: Miss Bella and Miss
Days: Thursdays
Dates: June 26 - August 28
Price: \$ 80 R / \$ 90 NR

Six to Nine Year Old Class

Ages: 6 - 9
Times: 9:15 - 10 am

Ten to Fifteen Year Old Class

Ages: 10 - 15
Times: 10:15 - 11 am



Speed and Agility Clinic

Speed & Agility is for young athletes competing in any sport. This clinic will focus on building athleticism, conditioning and speed on both a linear and multi-directional basis. Our high-energy environment allows athletes to train at a competitive level as well as become more motivated and confident, and will have a positive impact on your performance as an athlete. We also look to educate the athletes on proper recovery, injury prevention, and nutrition.

Location: EHTCC Gym or EHT HS Track
(details online)
Instructor: Coach Cam and Miss Jadyn
Grades: 4 - 8 (as of 9/1/25)
Days: Mondays and Wednesdays
Dates: July 7 - August 27
Times: 5:15 pm - 6:15 pm
Price: \$ 95 R / \$ 105 NR



FITNESS - SPIN CLASSES

Margarets Madness Spin

Margaret's Madness Spin will combine the best elements of spinning along with toning your upper body and incorporating exercises using light weights while remaining seated on the bike. This class is intense! Are you ready to shed those calories? Towel and water needed. If you are new to the class please arrive 10 minutes early so the instructor can go over safety and set up.

Location: EHTCC 112
Instructor: Margaret Keena
Ages: 18 +
Mondays
Days: Mondays
Dates: June 30 - September 22
(No Class 9/1)
Times: 9:30 - 10:30 am
Price: \$ 96 R / \$ 106 NR
Fridays
Days: Fridays
Dates: July 11 - September 26
(No Class 9/5)
Times: 9:30 - 10:30 am
Price: \$ 88 R / \$ 98 NR



The Spin Experience

This beginner spin class will introduce indoor cycling designed for people new to the exercise. It will focus on basic pedaling techniques, different resistance levels and seated positions. It will incorporate a warm-up, gradual intensity increases and a cool-down. Bring towel and water. Please arrive 5 minutes early to class.

Location: EHTCC 112
Instructor: Dina Washington
Ages: 18 +
Days: Mondays
Dates: June 30 - September 22
(No Class 9/1)
Times: 5 - 5:30 pm
Price: \$ 55 R / \$ 60

Manic Monday Spin

(Intermediate/Advanced Spin Class)

These classes incorporate full body dynamic movements to push your limits using dumbbells, varied intervals and multi-directional movements which help develop more cardiovascular conditioning and functional strength. You never repeat the same workout twice which keeps your body challenged and in full fat-burning mode. Towel and water required. Please arrive 5 - 10 minutes prior to the class start time.

Location: EHTCC 112
Instructor: Dina Washington
Ages: 18+
Days: Mondays
Dates: June 30 - September 22
(No Class 9/1)
Times: 5:45 - 6:45 p m
Price: \$ 96 R / \$ 106 NR

Cycle with Joe

Something for everyone! Intervals, rolling hills, and sprints all to music hand-picked to motivate and inspire! This is a great work out if you want to burn calories and increase endurance! Come join the fun! Towel and water required.

Location: EHTCC 112
Instructor: Joe LaRosa
Ages: 18+
Tuesdays
Days: Tuesdays
Dates: July 1 - September 23
(No Class 9/2)
Times: 5:30 - 6:30 pm
Price: \$ 96 R / \$ 106
Thursdays
Days: Thursdays
Dates: July 3 - September 25
(No Class 9/4)
Times: 6:30 - 7:30 pm
Price: \$ 96 R / \$ 106

FITNESS - STRENGTH CLASSES

Tone and Balance

This class incorporates every day balance moves and building strength with light weights. No impact, just tightening our bodies. Please bring your own mat, fitness band, and water. If you are new to the class, please arrive 10 minutes early so the instructor can go over safety and set up.

Classes the first week of September will be held outside

Location: EHTCC 113
Instructor: Margaret Keena
Ages: 18 +
Days: Mondays and Fridays
Dates: June 30 -September 26
(No Class 7/4, 9/1)
Times: 8:15 - 9 am

Two Day Option

Price: \$ 168 R / \$ 188 NR

One Day Option

Price: \$ 104 R / \$ 114 NR

STRENGTH

Do you want to feel stronger? Come join Margaret for some free weight strength training. All over body movements to target specific muscle groups to avoid injury. All ages and levels of fitness invited!

Classes the first week of September will be held outside

Location: EHTCC 113
Instructor: Margaret Keena
Ages: 18 +
Mondays
Days: Mondays
Dates: June 30 -September 22
(No Class 9/1)

Times: 10:45 - 11:15 am
Price: \$ 60 R / \$ 65 NR

Wednesdays

Days: Wednesdays
Dates: July 2 - September 24
Times: 8:15 - 9 am
Price: \$ 104 R / \$ 114 NR

HIIT with Joe

HIIT or High Intensity Interval Training is the future of exercise. Become stronger and faster by working out less. Everyone wants to exercise, but not everyone has the time. HIIT training goes hard for short periods, with intervals of rest. It's a great way to get a big workout with multiple benefits in a small amount of time.

Location: EHTCC 113
Instructor: Joe LaRosa
Ages: 18+
Days: Mondays
Dates: June 30 -September 22
(No Class 9/1)
Times: 5:45 - 6:45 pm
Price: \$ 96 R / \$ 106 NR



Total Body Tabata

Elevate your fitness game with Total Body Tabata. This HIIT workout will have exercise sequences with timed intervals and recovery times in between. The workout is designed to improve your cardiovascular fitness, build muscular strength and boost your metabolism. Mat and water required.

Classes the first week of September will be held outside

Location: EHTCC 113
Instructor: Dina Washington
Ages: 18+
Days: Thursdays
Dates: July 3 - September 25
Times: 5:30 - 6:30 pm
Price: \$ 104 R / \$ 114 NR

Buns and Guns

Transform your arms and glutes! Shred fat and build muscle as you tone your upper and lower body in this intensive class.

Band, mat, towel, and water required for this class

Classes the first week of September will be held outside

Morning Outdoor Class

Location: Tony Canale
Ampitheater
Instructor: Margaret Keena
Ages: 18+
Days: Tuesdays
Dates: July 1 - August 26
Times: 7:15 - 8 am
Price: \$ 72 R / \$ 77 NR

Morning Indoor Class

Location: EHTCC 113
Instructor: Margaret Keena
Ages: 18 +
Days: Fridays
Dates: July 11 - September 26
Times: 10:45 - 11:15 am
Price: \$ 65 R / \$ 70 NR

Evening Indoor Class

Location: EHTCC 113
Instructor: Dina Washington
Ages: 18+
Days: Wednesdays
Dates: July 2 - September 24
Times: 5:30 - 6:30 pm
Price: \$ 104 R / \$ 114 NR

Body Works!

Overall strength training with pilates bar, bands, and weights. Tighten and tone up that body! No impact exercise. If you are new to the class, please arrive 10 minutes early so the instructor can go over safety and set up. Classes the first week of September will be held outside

Location: EHTCC 111
Instructor: Margaret Keena
Ages: 18+
Days: Tuesdays
Dates: July 1 - September 23
Times: 8:45 - 9:30 am
Price: \$ 104 R / \$ 114 NR

FITNESS - MIND & BODY

Mindful Chair and Standing Yoga

Chair Yoga is a modified form of yoga using a chair, but we also do standing postures in class which can also be performed in a chair. The class includes the body scan, breathing exercises, gentle movements, chair and standing yoga, meditation and relaxation.

Chair yoga has been shown to enhance muscular strength, body flexibility, and respiratory function making it beneficial for individuals of all ages and fitness levels including those with limited mobility, those who sit for extended periods, and those who want a gentle workout.

Benefits of Chair Yoga:

- * Stress Reduction
- * Pain management
- * Releasing tension in the body contributing to overall health and well-being
- * Cardiovascular health
- * Enhanced balance and posture that may prevent falling
- * Mental well-being
- * Soothes the emotions

Bring a mat and water bottle.

Please note - this class will require 2 punches on a drop in card to attend

Location: EHTCC 113
Instructor: Linda Schwartz
Ages: 18+
Days: Tuesdays
Dates: July 8 - July 29
Times: 10 - 11 am
Price: \$ 48 R / \$ 53 NR



Pilates with Veronica

Pilates is a mind/body mat workout using a Pilates bar, small ball, and gliding discs to strengthen the body's core muscles including those in the abdomen, back, and hips, as well as in the arms and legs. Pilates emphasizes proper breathing, alignment, and flexibility which helps to improve posture, balance, and overall physical function. There's a reason Pilates has stood the test of time and has been around for over 100 years-- it works! All fitness levels welcome--the instructor will offer modifications as needed. Please bring a yoga mat and a water bottle.

Location: EHTCC 111
Instructor: Veronica Valencia
Ages: 18 +
Days: Tuesdays
Dates: July 1 - September 23
Times: (No Class 8/12, 9/2)
Price: 6 - 7 pm
\$ 88 R / \$ 98 NR

Yoga Health and Well-Being

Join the fun exploring and practicing yoga. Learn how to cultivate and circulate your life force energy. Build strength, balance, and increase flexibility. Calm the mind, soothe the emotions, and come home to your body. We learn how to balance action with inner stillness to take Yoga off the mat into our lives. All poses can be adapted to your body. Bring a mat and water bottle.

Please note - this class will require 2 punches on a drop in card to attend

Location: EHTCC 113
Instructor: Linda Schwartz
Ages: 18 +
Days: Wednesdays
Dates: July 2 - July 30
Times: 10 - 11 am
Price: \$ 60 R / \$ 65 NR

FITNESS - CARDIO CLASSES

Work Off the Pounds

Same Great Class, New Great Name! If you want to lose weight and improve your fitness this year but don't know where to start, Work off the Pounds is for you. This program consists of walking in place, knee lifts, forward kicks, back kicks, free weights and bands. Towel and water needed.

Location: EHTCC 111
Instructor: Toni-Lynn Rispoli
Ages: 18+
Days: Mondays, Wednesdays, and Fridays
Dates: June 30 - September 26
(No Class 7/4, 9/1, 9/3, and 9/5)
Times: 8:15 - 9:15 am

One Day Option

Price: \$ 96 R / \$ 106 NR

Two Day Option

\$ 168 R / \$ 178 NR

Three Day Option

\$ 245 R / \$ 265 NR



Zumba with Veronica

Zumba is a Latin-inspired dance workout designed to make you sweat and have fun. Zumba will have you moving and grooving in a 45-minute, calorie torching cardio workout that's like a dance party. Please bring a towel and a water bottle.

Location: EHTCC 113
Instructor: Veronica Valencia
Ages: 18+
Days: Fridays
Dates: June 27 - August 15
(No Class 7/4)
Times: 9:30 - 10:15 am
Price: \$ 56 R / \$ 61 NR

Cardio Blast

This full body fitness class incorporates a variety of aerobic exercises with strength and core training to tone your entire body, blast calories and boost your metabolism. Designed for all fitness levels, this class will have you moving, sweating and looking forward to coming back. Participants will need a towel, mat and water.

Location: EHTCC 111
Instructor: Wendy Santora
Ages: 18+
Mondays
Days: Mondays
Dates: June 30 - September 22
(No Class 8/18, 9/1, 9/8)

Times: 5:30 - 6:30 pm
Price: \$ 80 R / \$ 90 NR

Wednesdays

Days: Wednesday
Dates: July 2 - September 24
(No Class 7/16, 7/23, 8/20, 9/3, 9/10)

Times: 5:30 - 6:30 pm
Price: \$ 64 R / \$ 69 NR

Two Day Option

Price: \$ 126 R / \$ 136 NR

Cardio Step

Step moves are choreographed into fun routines. The music won't let you stop moving. Have fun while burning calories. This class is designed to appeal to experienced steppers. Participants will need a towel and water.

Location: EHTCC 111
Instructor: Wendy Santora
Ages: 18+
Days: Wednesdays
Dates: July 2 - September 24
(No Class 7/16, 7/23, 8/20, 9/3, 9/10)
Times: 6:30 - 7:30 pm
Price: \$ 64 R / \$ 69 NR

FITNESS - COMBO CLASSES

Pump and Pilates

Pump & Pilates is the best of both worlds--strength training and Pilates in one 60-minute class! Class consists of 35 minutes of strength training using weights, a Pilates bar, resistance bands, and gliding discs, then finishes with 25 minutes of mat Pilates which focuses on strengthening the core and back muscles while working on flexibility, proper breathing techniques and alignment. All fitness levels welcome--the instructor will offer modifications as needed. Please bring a yoga mat and water bottle.

Location: EHTCC 111
Instructor: Veronica Valencia
Ages: 18 +
Mondays
Days: Mondays
Dates: June 30 - September 22
(No Class 8/11, 9/1)

Times: 6:45 - 7:45 pm
Price: \$ 88 R / \$ 98 NR

Saturdays
Days: Saturdays
Dates: July 12 - September 27
(No Class 8/30, 9/6)

Times: 9:45 - 10:45 am
Price: \$ 80 R / \$ 90 NR

Two Day Option
Price: \$ 147 R / \$ 167 NR

Strength and Pilates

A 45-minute workout using weights and Pilates inspired moves. Improve your all over body tone and flexibility. Core work is done on the mat. Please bring a water and a mat.

Location: Tony Canale Ampitheater
Instructor: Margaret Keena
Ages: 18+
Days: Thursdays
Dates: July 3 - August 21
Times: 7:15 - 8 am
Price: \$ 72 R / \$ 77 NR

Core NRG

New
Class!

20/20/20: Get it all in one class!

20 minutes of step aerobics, 20 minutes of toning, 20 minutes of stretching makes this class a great part of your fitness regimen. Great music, no thinking, and a lot of sweating to let you get the most out of your workout!!

Please bring a towel, mat, and water to class.

Location: EHTCC 111 or 113
Instructor: Rick Behler
Ages: 18+
Tuesdays

Days: Tuesdays
Dates: July 8 - September 23
(No Class 9/2)
Times: 5:30 - 6:30 pm
Price: \$ 88 R / \$ 98 NR

Thursdays
Days: Thursdays
Dates: July 10 - September 25
(No Class 9/4)
Times: 6 - 7 pm
Price: \$ 88 R / \$ 98 NR

Saturdays
Days: Saturdays
Dates: July 12 - September 27
(No Class 8/30, 9/6)
Times: 9 - 10 am
Price: \$ 80 R / \$ 90 NR

Two Day Option
Price: \$ 147 R / \$ 167 NR

Three Day Option
Price: \$ 224 R / \$ 244 NR

Punch Cards

Interested in taking a fitness class, but not sure which one? Like a class, but not sure if you are able to make it every week? Check out our Fitness Punch Cards!

Punch Cards allow you to drop into any fitness class that is below capacity. Try any class to see if it is a good fit for you. Only pay for the classes that fit into your busy schedule. Punches never expire.

Four Class Bundle
Price: \$ 40 R / \$ 45 NR
Eight Class Bundle
Price: \$ 80 R / \$ 90 NR
Sixteen Class Bundle
Price: \$ 160 R / \$ 180 NR

ADULT PROGRAMS

Tennis

This clinic is designed to teach the fundamentals of tennis. It will feature individual and group instruction from our experienced tennis staff. Ground strokes, volleys, serves and game play will be covered.

Location: Tony Canale Tennis Courts
Instructor: Joan Kostiuk and Tennis Staff
Ages: 16+
Days: Saturdays
Dates: July 12 - August 23
Price: \$ 70 R / \$ 75 NR

Early Bird Tennis

Time: 7:30 - 9 am

Fast Action Drills

Time: 9 - 10 am

Karate

Karate students learn Tang Soo Do, a practical martial arts and self-defense techniques which stresses self-control, discipline, respect, and perseverance. Classes are taught by Master Carson who brings a wealth of experience in instruction and leading participants in learning. Once students move from the beginner class, attendance is important. Students are required to attend a minimum of 24 classes between taking their belt tests and skills review. Karate will build their balance and physical conditioning. They will develop a great work ethic and allow students to reach accomplishments by testing and passing their belt exams. This program is run in accordance with Yi's Karate School and the International Marital Arts Association.

Location: EHTCC 113
Instructor: Master Carson and Karate Staff
Ages: 16+
Days: Mondays and Wednesdays
Dates: June 30-September 24
(No Class 9/1 or 9/3)
Times: 7 - 8 pm
Price: \$ 110 R / \$120 NR

Youth Coaching Clinic

We are happy to announce a new and enhanced format to enhance our offerings!

The Rutgers's SAFETY (Sports Awareness For Educating Today's Youth) Clinic is a three-hour program that informs coaches on the psychological, legal, and medical/first aid aspects of coaching as well as general coaching concepts and training/conditioning youth athletes. Cost of clinic will be \$40 per coach payable to Rutgers, a link for pre-registration will be posted online. The meeting will be held virtually with a live instructor.

Benefits

- Protects volunteer coaches with partial civil immunity
- Protects leagues, sponsors, & municipalities who certify their coaches with partial civil immunity
- Gives coaches ease of mind to focus on athlete development instead of liability issues.

Objectives

Help volunteer youth sport coaches to:

- Minimize the risk of injuries to young athletes by promoting safe play
- Understand basic coaching techniques
- Encourage good sporting behavior and teamwork
- Communicate effectively with parents, guardians & youth athletes

Volunteer coaches receive

- The Coaches' Reference Manual 6th Ed (PDF)
- The Rutgers SAFETY Clinic Certification Card
- Permanent registration with the Rutgers Youth Sports Research Council

Location: Virtual Meeting
Instructor: Rutgers SAFETY Clinic Certified Instructor
Dates: *Date and Time for our August Virtual Clinic will be announced in July!*
Times: *Date and Time for our August Virtual Clinic will be announced in July!*
Price: \$ 40 to be paid at the link provided

ADULT PROGRAMS

Beginners Pickleball Clinic

Ready to try the fastest-growing sport in America? Join us for a fun and engaging Beginner Pickleball Clinic designed for those who are brand new to the game or looking to brush up on the basics.

During this clinic, you can expect:

- An introduction to pickleball rules and scoring
- Proper grip, paddle handling, and court positioning
- Basic shots: serve, return, dink, and volley
- Game play practice in a low-pressure, friendly environment
- Tips for safety and court etiquette

No experience? No problem! Whether you're picking up a paddle for the first time or need a refresher, this clinic is the perfect place to start.

Instructor: Bill Giannetti
Ages: 18 +
Price: \$ 110 R / \$ 120 NR

[Indoor Clinic](#)

Location: EHTCC Aux Gym
Days: Fridays
Dates: July 11 - August 22
Times: 9 - 11 am

[Outdoor Clinic](#)

Location: Delilah Oaks Park
Days: Saturdays
Dates: July 12 - August 23
Times: 9 - 11 am

Open Gym Pickleball

3 Courts available

Drop in for \$5 as space allows, only 24 players will be allowed in each day. No session registration is available. A waiver must be completed on site daily for drop-in players. No spectators allowed in the gym.

Location: EHTCC Gym
Ages: 18+
Days: Thursdays
Dates: July 10 - September 25
(No 9/4)
Times: 6:30 - 8:30 pm
Price: \$5 a day

Intermediate Pickleball Clinic

Take your game to the next level!

Already comfortable with the basics of pickleball? This Intermediate Pickleball Clinic is designed for players looking to improve their skills, sharpen their strategy, and become more confident and competitive on the court. Ideal for players who understand the rules and scoring, are familiar with basic shots, and have some on-court experience. This clinic is not for beginners.

Instructor: Bill Giannetti
Ages: 18 +
Price: \$ 110 R / \$ 120 NR

[Indoor Clinic](#)

Location: EHTCC Aux Gym
Days: Fridays
Dates: July 11 - August 22
Times: 11 - 1 pm

[Outdoor Clinic](#)

Location: Delilah Oaks Park
Days: Saturdays
Dates: July 12 - August 23
Times: 11 - 1 pm



Open Gym Basketball

Our Adult Open Gym Basketball is a place to shoot some hoops. Pick-up games are formed each day. Games are based on exercise, sportsmanship, and fun. Space in the gym is limited. Sign up for the session to secure your place all season, or drop in for \$5/day as space allows. Max 20 players allowed per day. A waiver form must be completed on site daily for drop-in players. No spectators allowed in the gym.

Location: EHTCC Gym
Ages: 18+
Days: Tuesdays
Dates: July 1 - September 23
(No 9/2)
Times: 6:30 - 8:30 pm
Price: \$ 48 R / \$ 53 NR

FALL CLASSES

Registration Begins on July 9th!

Soccer Clinic

Join EHT Recreation and New Jersey Surf Soccer for some Saturday Soccer Fun. This program is geared for children with little to no soccer experience to help build basic skills. This is an instruction only clinic for boys and girls. There are no teams or league play. Our professional trainers will lead a variety of skill building soccer drills and games.

Location: Bargaintown Park
Instructor: New Jersey Surf Soccer
Days: Saturdays
Dates: Sept. 6 - November 1
(No Class 10/11)
Price: \$ 55 R / \$ 60 NR

Three - Four Year Old Class

Ages: 3 - 4
Time: 9 - 10 am
Three - Four Year Old Class
Ages: 3-4
Time: 10:15 - 11:15 am

Five - Seven Year Old Class

Ages: 5-7
Time: 11:30 - 12:30 pm

Fencing

Learn the centuries-old art of defense with a point weapon. Students will be instructed in the basics of foil fencing, footwork and parries. Participants will build team working skills by judging and directing matches according to traditional rules. Returning fencing students will expand on their knowledge to become proficient with all three weapons - foil, saber, and epee. Fencing enhances confidence and coordination. Students will be divided into smaller groups based on skill and experience level. All gear is provided. Bruising may occur.

Location: EHTCC Aux Gym
Instructor: Miss Amanda and Mr. James
Ages: 11 - 18
Days: Tuesdays
Dates: Sept. 9 - Oct. 28
Times: 6:30 pm - 8:30 pm
Price: \$ 80 R / \$ 90 NR

Creative Kids

Your preschooler will enjoy a variety of fun arts and crafts in Creative Kids. They will start to learn their 1-2-3's and A-B-C's as well as do seasonal crafts and activities. Other activities such as stories, music and games that correspond with the theme of the week will be included. Introduce your preschooler to the basics and structure of a classroom with fun activities without the stress of a full day program! Please send them with a light snack and water bottle.

Participants must be potty-trained.

Location: EHTCC 117
Instructor: Ms. Doreen
Ages: 3 - 5
Days: Mon, Tues, Wed, Thurs, & Fri
Dates: Sept 8 -Dec 19
Times: 10 am - 12 noon
Price: Class Option available in 2, 3,4, or 5 day options. 2 day options begin at \$ 360 R / \$ 380 NR, 5 Day Discounts available. Exact pricing can be found on ehtrec.com

Tennis

This clinic is designed to teach the fundamentals of tennis. It will feature individual and group instruction from our experienced tennis staff. Ground strokes, volleys, serves and game play will be covered.

Location: Tony Canale Park
Tennis Courts
Instructor: Miss Joanie and Tennis Staff
Days: Saturday
Dates: Sept. 6 - Oct. 25
(No Class 10/11)
Price: \$70 R / \$ 75 NR

Junior Tots Tennis

Ages: 6 - 7
Times: 9 am - 10 am

Beginners Tennis

Ages: 8 - 16
Times: 10 am - 11 am

Intermediate Tennis

Ages: 8 - 16
Times: 11 am - 12 noon

Early Bird Tennis

Ages: 16 +
Time: 7:30 - 9 am

Fast Action Drills

Ages: 16+
Time: 9 - 10 am

Field Hockey Clinic

Our Field Hockey program is for the beginner to intermediate player. A variety of skill building drills and techniques will improve your game.

Location: Shires Park
Instructor: Ms. Toni-Lynn
Ages: 8 - 13
Days: Saturdays
Dates: Sept. 13 - October 28
(No Class 10/11)
Times: 8 - 9:30 am
Price: \$ 70 R / \$ 75 NR

FALL CLASSES

Registration Begins on July 9th!

EHT Recreation Basketball League

Our Youth Rec Basketball League focuses on fun, skill development, and participation. Games are scheduled Monday - Friday 5 pm - 9:30 pm at the EHT Community Center. Make-up games may be held on Saturdays or not rescheduled based on time constraints. Practice days and times will be Monday - Friday at the EHT Community Center or an EHT School. Practices days and times will be the preferred day by the coach.

Program is for EHT Residents Only. Coaches are needed for this program, if interested, please email ddanz@ehtgov.org. Coaches' meetings will be held in October and November. Practices will start in December, with games starting in January 2026. Registration deadline is October 17 or when the league is at capacity.

Player evaluations will be held in late October or early November, Exact dates/times will be posted in September. Player evaluations held solely to assess player ability level and create evenly balanced teams, it is not a try out and there are no cuts. Players should make every effort to attend, if a player does not attend, they will still be placed on a team.

Grades: 3 - 8
Price: \$125

Yoga Health and Well-Being

Join the fun exploring and practicing yoga. Learn how to cultivate and circulate your life force energy. Build strength, balance, and increase flexibility. Calm the mind, soothe the emotions, and come home to your body. We learn how to balance action with inner stillness to take Yoga off the mat into our lives. All poses can be adapted to your body. Bring a mat and water bottle.

Please note - this class will require 2 punches on a drop in card to attend

Location: EHTCC 113
Instructor: Linda Schwartz
Ages: 18 +
Days: Wednesdays
Dates: Sept 10 - Sept 24
Times: 10 - 11 am
Price: \$ 36 R / \$ 41 NR



Mindful Chair and Standing Yoga

Chair Yoga is a modified form of yoga using a chair, but we also do standing postures in class which can also be performed in a chair. The class includes the body scan, breathing exercises, gentle movements, chair and standing yoga, meditation and relaxation.

Chair yoga has been shown to enhance muscular strength, body flexibility, and respiratory function making it beneficial for individuals of all ages and fitness levels including those with limited mobility, those who sit for extended periods, and those who want a gentle workout.

Benefits of Chair Yoga:

- * Stress Reduction
- * Pain management
- * Releasing tension in the body contributing to overall health and well-being
- * Cardiovascular health
- * Enhanced balance and posture that may prevent falling
- * Mental well-being
- * Soothes the emotions

Bring a mat and water bottle.

Please note - this class will require 2 punches on a drop in card to attend

Location: EHTCC 113
Instructor: Linda Schwartz
Ages: 18+
Days: Tuesdays
Dates: Sept 9 - Sept 23
Times: 10 - 11 am
Price: \$ 36 R / \$ 41 NR

POLICIES AND PROCEDURES

Registration & Program Policies

Registration is accepted on a first-come, first-serve basis, class sizes are limited. All registrations are accepted in-person, online and mail-in. Phone registrations are not accepted for any programs. Programs will be canceled if registration does not meet the minimum number of participants.

Payment must be made in full at the time of registration, without exception. We accept cash, checks and money orders made payable to "Egg Harbor Township" or "EHT." Payment may also be made by credit card in-person and online; a Convenience Fee will be assessed for each credit/debit card transaction.

You must have PROOF OF RESIDENCY and BIRTH CERTIFICATE (for minors) issued by a state agency (not hospital) at the time of registration.

Parks and Recreation reserves the right to reschedule, relocate, or cancel any announced program due to facility availability and public response. The Park and Recreation Department may also establish minimum or maximum class sizes to ensure appropriate instructor-to-participant ratios.

Children must be the proper age before the program begins and as noted in program description.

Only those enrolled in the program may attend.

Sorry, but "visitors/family" will not be permitted in the program unless specified. If you wish to wait for your child you may do so in the lobby of the Community Center.

Return Check Charge

Any check returned for any reason will be charged a \$20.00 service charge.

EHT Refund Policy

We strive for positive experiences and excellence in everything we do. All refunds will be made according to the following guidelines. Please see separate refund guidelines for Bus Trips in that section of the brochure.

- Refunds will **NOT** be issued once a program begins. Full refunds are granted in the event that a class is cancelled by the Recreation Department.
- Once a class begins, if you are dissatisfied, we can transfer you to another class or offer you a prorated household credit.
- Special consideration will be given for life altering situations.
- All refunds will be less a \$5 processing fee.
- All refunds will follow the Finance Department's bill-paying schedule and be issued by Township check. There will be no cash refunds or credit card refunds. Please allow ample time for refund to be mailed.

No Smoking on the Community Center Property

Wait Lists

If the program you are interested in is full, your name will be placed on a Wait List. You will be contacted ONLY if a space becomes available and be given a day by which to pay the fee and complete the registration process.

Insurance Information

There is no medical insurance coverage included in your registration for any program offered by the Department of Recreation. By participating in these programs, you assume your own medical insurance responsibilities.

Due to time constraints, canceled classes may not be made up.

Cancellation

The best way to find out if a program or class has been canceled due to weather is to check our webpage www.ehtrec.com or our Facebook page. The Recreation Department does NOT follow the school calendar. If school is cancelled due to inclement weather, please check our webpage www.ehtrec.com or our Facebook Page for the status of our programs.

We Love Parents But...

Parents are allowed to attend their child's first day of class (unless specified by the instructor). Please do not remain in the hallway or the classroom after dropping off your child. This is in your child's best interest, as continual interruptions tend to affect participants' attention spans and inhibit the establishment of peer relationships. Thank you for your cooperation.

Inclusive Statement

The Egg Harbor Township Parks and Recreation Department is committed to providing quality leisure services for people of all abilities. We will comply fully with the spirit and intention of the ADA in making reasonable accommodations for all individuals. We encourage people with disabilities to fully participate in all programs offered by the department. Please contact Parks and Recreation for more information.

Hey - What Happened To My Class?

Nothing kills a recreation program faster than residents who wait until the last minute to register. There is a point when a program must be canceled or modified. All programs require a high level of coordination often including facility scheduling, staffing, volunteer recruitment and purchasing of supplies. Please register early; then everyone will get a chance to participate.

Email List

Please set up an account through our website to be added to our email database and receive important information on the Department and our programs! Visit www.ehtrec.com, click Account, then Create Account.

Oops!

The Parks and Recreation Department makes every effort to ensure the accuracy of the program information found in this brochure. Changes in programming may occur, and we will attempt to keep information updated on our website. All programs, instructors, and locations are subject to change.

No News is Good News

We do not call or mail participants with program confirmations. We will only call you if you did not get into a class, or a class has been canceled due to minimum enrollment.

Photo Policy

Please be advised that all participants involved in any Parks and Recreation Department program, or special event are subject to being photographed. Such photographs may be used by the Township of Egg Harbor without obligation to provide notice or compensation to those photographed. Any participant or parent/guardian of participant that does not wish to be photographed must notify the Recreation Department in writing.

