

EHT Recreation

SUMMER PROGRAM GUIDE

OFFICE HOURS

Monday - Friday
8:30 am - 4:30 pm

REGISTRATION

Resident Registration
Begins: June 9
Ends: July 1

JUNE 1, 2026



Egg Harbor Township Parks and Recreation Department strives to strengthen community connections and improve quality of life by offering diverse, well-managed recreational programs and vibrant, inclusive parks that inspire youth development, family engagement, and lifelong wellness.

CONTACT INFORMATION

(609) 272 - 8120
Recreation@ehtnj.gov
www.EHTRec.com

DATES

Non-Resident Registration
Begins: June 16
Ends: July 1

SPECIAL EVENTS

“Get Hooked on Fishing“

Hosted by the NJDEP Division of Fish and Wildlife along with EHT Recreation and the EHT Municipal Alliance. Join us for a fun morning of fishing and prizes at the EHT Nature Reserve. The goal of this program is to redirect youth from the temptation of drugs, alcohol and tobacco by engaging in socially positive activities like fishing, learning the value of clean water and supporting community service by doing stream clean ups and tree plantings. Prizes will be given for biggest fish, smallest fish and most fish.

This program is open to anyone under the age of 20.

Location: EHT Nature Reserve
Day: Saturday, June 6
Times: 9 am - 11 am



“Get Hooked on Fishing - Not on Drugs” Boat Trip

Join EHT Recreation and EHT Municipal Alliance for the "Hooked on Fishing" Boat trip to promote drug and alcohol awareness. The bus departs the EHT Community Center and travels to Sea Isle City where we board the "STARFISH." The bus departs the Community Center at 11 AM and returns at approximately 6 PM. Ages 7-12, a parent/guardian is required, ages 13 and up, parent/guardian is not required. A brief drug and alcohol presentation will be held for all participants prior to boarding the bus.

Dates: Wednesday, July 8 or
Wednesday, August 5
Times: 11 am - 6 pm
Price: \$25 R/ \$30NR participant/trip
\$15 R/ \$20 NR guardian/trip

Grab-N-Go Craft

Looking for a fun afternoon activity for a rainy day? Swing by the EHT Recreation Office beginning on June 10th between 9 am - 4:00 pm to pick up a grab and go summer craft! The only supplies you'll need at home are scissors and glue! Available for EHT Residents only. While supplies last.

For more information contact the Recreation Office at (609) 272 -8120.

Monday Morning Madness

Sponsored by EHT Recreation
Every Monday Morning beginning at 11 am
Robert J. Lincoln Amphitheater in Tony Canale Park

6/29 Family Stages “Aladdin”
7/6 Bubble Show
7/13 Magic of Bill Kerwood
7/20 Tuckers’ Tales
7/27 Magic of Ken Northridge
8/3 Al Grout - Juggler & Magician
8/10 Science Heroes “Diggin’It”
8/17 Magic of Chad Juros
8/24 Zoophoria Wildlife Experience
8/31 Ventriloquist Justin Thomas

Rythm in the Park Concert Series

Sponsored by Mott Watkins Associates, LLC
will run Thursdays from 7 - 9 pm at the
Robert J. Lincoln Amphitheater in Tony Canale Park

6/25 Rowan College South Jersey Bands
7/2 Nostalgix
7/9 Sweet Inspiration
7/16 5 Pints Low
7/23 Six Mile Cross
7/30 Odyssea
8/6 Big Daddy Duo
8/13 The Dinamics
8/20 The Shore Thing
8/27 Poor Mouth Henry

Movies in the Park

Sponsored by EHT Clean Communities
Movies begin at 6pm
Robert J. Lincoln Amphitheater in Tony Canale Park

7/18 Lilo & Stitch (2025)
8/15 Miracle (2004)

16th Annual Holiday Craft Show

Applications are now available for our fall craft show! The application process to become a vendor is now fully on-line! For more information, please visit our website at www.ehtrec.com. This event is free for the public to attend.

Date: Saturday, November 14
Time: 9 am - 3 pm

SUMMER CAMPS

Creative Kids Summer Fun

Join us for a fun-filled summer at our Creative Kids Summer Fun camp, where little ones will explore, learn, and play in a safe and nurturing environment. Our activities are designed to spark creativity, build social skills, and encourage outdoor exploration through games, arts and crafts, and interactive learning. With a focus on fun and friendship, your child will make lasting memories while developing new skills in a supportive and engaging atmosphere! Please send them with a light snack and water bottle. Sunscreen should be applied to campers prior to arrival. Participants must be potty trained.

Space is limited

Location: EHT Community Center
Instructor: Ms. Doreen and Staff
Grades: 4 - 5 Years Old
Days: Tuesday - Thursday
Dates: June 30 - August 27
Times: 9 am - 12 pm
Price: \$490 R / \$ 510 NR



Unified Camp

Join EHT Unified Sports as they partner with EHT Recreation for a fun filled week! Basketball, Kickball, Pillow Polo and Yoga are just a few of the activities that your camper will enjoy! Each day will have an awesome theme to keep things exciting!

For more information, please contact Coach Diz at olenikd@eht.k12.nj.us

Location: EHTCC Gym
Instructor: Coach Diz and Staff
Ages: 7 - 21
Days: Monday - Thursday
Dates: August 3 - August 6
Times: 10 am - 12 noon
Price: \$50 R / \$55 NR

Field Hockey Camp

Get ready to hit the field and have a blast! Our Field Hockey Camp is perfect for beginner to intermediate players who want to learn, improve, and play in a super supportive environment. Through exciting drills, energetic games, and hands-on coaching, you'll build confidence, sharpen your skills, and discover just how fun field hockey can be. Whether you're picking up a stick for the first time or looking to level up your game, this camp is all about learning, laughing, and loving the sport!

Location: Shires Park
Instructor: Miss Toni
Grades: 7 - 14
Days: Monday - Friday
Dates: July 13 - July 17
Times: 10 am - 12 noon
Price: \$ 150



Soccer Camp

Join EHT Recreation and New Jersey Surf Soccer for some Soccer Fun. This program is geared for children with little to no soccer experience to help build on the basic skills already learned. This is an instructional only camp for boys and girls. There are no teams or league play. Our professional trainers will lead a variety of skill building soccer drills and games.

Location: Bargantown Park
Days: Monday - Thursday
Dates: June 29 - July 2
Instructor: New Jersey Surf Soccer

Three - Six Year Olds

Time: 9 am - 10:30 am
Price: \$ 100
Ages: 3 - 6

Seven - Fourteen Year Old

Times: 9 am - 12 noon
Price: \$ 200
Ages: 7 - 14

K- 2 Grade Basketball Camp

Join us to learn the basics of basketball in a super fun, kid-friendly way! Boys and girls will practice simple skills like hopping feet, passing the ball, dribbling, and taking little shots. We'll play lots of fun games together too. No teams and no scores – just learning, playing, and having fun!

Location: EHTCC Gym
Instructor: Coach Cam
Grades: K -2 (as of Sept 1, 2026)
Days: Monday - Friday
Dates: August 10 - August 14
Times: 9 am - 10 am
Price: \$ 75

3rd-4th Grade Basketball Camp

Learn the basics of basketball in a fun and instructional atmosphere. Participants will engage in drills for footwork, passing, dribbling and shooting in addition to playing games. No teams or league play.

Location: EHTCC Gym
Instructor: Coach Cam
Grades: 3 - 4 (as of Sept 1, 2026)
Days: Monday - Friday
Dates: August 10 - August 14
Times: 10 am - 12 noon
Price: \$ 150

5th-8th Grade Basketball Camp

Our staff will teach the game of basketball in a fun and instructional atmosphere. Participants will engage in drills for footwork, passing, dribbling and shooting in addition to playing games. No teams or league play.

Location: Bargaintown Park
Instructor: Coach Cam
Grades: 5 - 8 (as of Sept 1, 2026)
Days: Monday - Friday
Dates: July 20 - July 24
Times: 9 am - 11 am
Price: \$ 150

SUMMER CAMPS

National CSI Camp

Work a mock crime scene investigation from beginning to end, culminating in a mock trial! Collect evidence using the most up-to-date modern techniques and methodologies. Follow the clues left behind by the suspect(s) and develop supporting evidence to solve the crime. This educational camp is for students with an interest in law enforcement or related forensic sciences, designed to challenge all students while having fun. Taught by Captain (ret) Sean Clancy formerly of Atlantic County Prosecutor's Office and other experienced Detectives.

Location: EHT Community Center
Instructor: Captain (ret) Sean Clancy
Grades: 5 - 12
Days: Monday - Friday
Dates: August 17 - August 21
Times: 9 am - 12 pm
Price: \$ 200



Science Camp

Join us for a fun, hands-on one-week science camp where each day explores a different type of engineering. Kids will create slime and oobleck like chemical engineers, experiment with gears and simple machines as mechanical engineers, design bridges and roller coasters as structural engineers, and explore light with kaleidoscopes and mirrors as optical engineers. The activities sound impressive but are easy, engaging, and perfect for young scientists!!

Location: EHT Community Center
Instructor: Shelley Lentz
Ages: 7 - 11
Days: Monday - Thursday
Dates: August 3 - August 6
Times: 1 pm - 4 pm
Price: \$200

Prince & Princess Tea Party Camp

Join Mrs. Danielle for a week as a Prince/princess! Your royalty will craft their own crown/tiara, wand, and teacup throughout the week. They will also, learn a simple song and dance, as well as play royal games! The week will conclude with a tea party that will include a performance of the song and dance the prince & princesses have learned.

Princes/Princesses must be potty trained

Location: EHT Community Center
Instructor: Mrs. Danielle
Grades: 3 - 7
Days: Monday - Thursday
Dates: July 20 - July 23
Times: 9 am - 10:30 am
Price: \$ 100



Performing Arts Camp

Calling all performers ages 6 - 12! No experience needed. If your child loves to act, sing, or dance, then this camp is for them! Camp runs August 17th-August 21st. Campers will perform a musical on Friday, August 21st. There will be singing/dancing or acting parts--something for everyone!

Location: EHT Community Center
Instructor: Mrs. Veronica
Ages: 6 - 12
Days: Monday - Friday
Dates: August 17 - August 21
Times: 8:30 am - 10:30 am
Price: \$ 150

Hip Hop Camp

Join Miss Bella for a week of dancing to upbeat music while mastering moves like popping, locking, and breaking. Perfect for kids looking to build confidence, rhythm, and style through creative choreography. Campers will show off what they learned at a brief showcase on Friday.

Location: EHT Community Center
Instructor: Miss Bella
Ages: 6 - 12
Days: Monday - Friday
Dates: July 27 - July 31
Times: 8:30 am - 10 am
Price: \$100



The Ultimate "Eras" Dance Camp

A Week of Music, Magic, and Movement

Are you ready to enter your Camp Era? Join us for an unforgettable week where we celebrate the one and only Taylor Swift! This high-energy camp is designed for Swifties ages 5-13 to express their creativity through dance, song, and art. Whether you're a "fearless" beginner or a seasoned performer, get ready to "shake it off" to original choreography inspired by Taylor's iconic performances. Campers will also enjoy Swiftie-themed craft stations and sing-a-longs. The final day will be our "Eras Tour" showcase.

Location: EHT Community Center
Instructor: Mrs. Veronica
Ages: 5 - 13
Days: Monday - Friday
Dates: August 10 - August 14
Times: 8:30 am - 10:30 am
Price: \$ 150

BUS TRIPS

All trips depart from the EHT Community Center, 5045 English Creek Ave. Seats are limited. Participants 17 years old and under must be accompanied by an adult.

Registration can be done online at www.ehtrec.com or in person at the Recreation office located at 5045 English Creek Ave, Monday - Friday, 9 am - 4:30 pm. Payment must be made at the time of reservation.

Trips that have not reached minimum capacity will be canceled 2 weeks prior to the trip.

Refunds will only be given if cancelations are made 10 working days in advance. \$5 processing fee will apply.

Inner Harbor Baltimore

A myriad of activities, historical attractions, and shopping awaits you along the beautiful Inner Harbor.

Date: Sunday, June 28
Departs EHT 7 am
Departs IH 6 pm
Cost \$60



New York City

Explore the city that never sleeps! We get you there, what you do is entirely up to you. Where we drop you off is where we pick you up.

Date: Saturday, September 12
Departs EHT 8 am
Departs NYC 7 pm
Cost \$60

Washington DC

This bus will drop you off near the museums where you can make your own connections to other points of interest. Whatever you decide to do it will be a fun filled day!

Date: Saturday, October 17
Departs EHT 7 am
Departs DC 6 pm
Cost \$60

Peddler's Village

Get ready to celebrate during the Holiday Kick Off Weekend at Peddler's Village! Celebrate the holidays at Peddler's Village, where more than 60 specialty shops, festive dining, and over one million colorful lights create a magical winter wonderland. Highlights include the Gingerbread Competition & Display, weekend carolers and performers, and Santa photos at Gigglesberry Fair.

Date: Saturday, November 21
Departs EHT 9 am
Departs PV 6 pm
Cost \$60

New York City at Christmas Time

Explore the city that never sleeps while it is all decked out for the holiday season! We get you there, what you do is entirely up to you. Get your gift shopping done or just enjoy the festivities. Where we drop you off is where we pick you up.

Date: Saturday December 12 or
Saturday, December 19
Departs EHT 8 am
Departs NYC 7 pm
Cost \$60

MAYORS WELLNESS CAMPAIGN

Understanding Your Medicare Options!

Presented by
**Medicare Planning Specialists DelVal Senior
Advisors**

Sponsored by
EHT Mayor's Wellness Campaign

Many questions are raised about enrollment in a Medicare Plan as you turn 65. This educational seminar will give you some of the basics you need to know about how and when to enroll in Medicare.

This seminar is suitable whether you have decisions to make during the upcoming enrollment period or just want to learn more in preparation of that time.

Seminar is free to attend. Light refreshments will be served.

Location: EHT Community Center
Day: Tuesday
Dates: Thursday, October 15
Times: 6:30 pm



THE ANDY GLOW FOUNDATION is pleased to announce

STARTING OUR SECOND GRIEF MEETING

For those who have lost a loved one to an overdose.

**2nd THURSDAY OF EVERY MONTH
6:00 PM**

**EGG HARBOR TOWNSHIP RECREATION CENTER
5045 ENGLISH CREEK AVE., EGG HARBOR TOWNSHIP, NJ 08234**

Grief, loss, Overcome with love.
Advocating and Nurturing during your sorrow.
'We also do one on one support.'

ALL ARE WELCOME • FIND SUPPORT • FIND HOPE

FOR MORE INFO:

Please call Kathy Rivero-Robinson at 609-453-7114
EMAIL: andyglowinc@yahoo.com

Caring for Someone with Alzheimer's or other Dementia?

Our Compassionate Companions Support Group is for you!

Hosted by EHT Mayors Wellness Campaign in
partnership with Earth Angels for Dementia



New Location:

**EHT Community Center
5045 English Creek Ave.**

**Date: 1st and 3rd Wednesday
of each month**

Time: 1:30pm-3pm



Questions?
Please contact
Diane at 609-402-6966
or email Patty
Playchock at visitingangels.com
or
EHT Recreation Office
609-272-8120
Recreation@ehtgov.org

YOUTH ACTIVITIES

Creative Kids

Your preschooler will enjoy a variety of fun arts and crafts in Creative Kids. They will start to learn their 1-2-3's and A-B-C's as well as do seasonal crafts and activities. Other activities such as stories, music and games that correspond with the theme of the week will be included. Introduce your preschooler to the basics and structure of a classroom with fun activities without the stress of a full day program! Please send them with a light snack and water bottle.

Participants must be potty-trained.

Location: EHT Community Center
Instructor: Ms. Doreen
Ages: 3 - 5 year old
Days: Mon, Tues, Wed, Thurs, & Fri
Dates: September 8 - December 18
(No Class 10/12, 11/3, 11/11, 11/26, 11/27)
Times: 10 am - 12 noon
Price: Class Option available in 2, 3,4, or 5 day options. 2 day options begin at \$ 336 R / \$ 356 NR, 5 Day Discounts available. Exact pricing can be found on www.ehtrec.com

Ready Set Go

This program will introduce children to a variety of different exercises in a structured, safe environment including stretching, kickball, exercise, skipping, hopping, parachute play, and t-ball. This program will also teach the importance of good sportsmanship and teamwork while playing games. Adults may be required to participate.

Location: EHTCC Gym
Instructor: Ms. Toni-Lynn
Ages: 2-5
Summer Only Session
Days: Wednesdays
Dates: July 15 - August 26
(No Class 8/5 or 8/12)
Times: 10:00 am - 11:00 am
Price: \$ 40 R / \$ 45 NR
Full Session
Days: Wednesdays
Dates: July 15 - September 30
(No Class 8/5, 8/12 or 9/2)
Times: 10:00 am - 11:00 am
Price: \$ 80 R / \$ 90 NR

Unified Ready Set Grow

This program will offer a safe space to participate in a variety of different exercises in a structured environment including stretching, kickball, exercises, skipping, hopping, parachute play, and t-ball. This program will also teach the importance of good sportsmanship and teamwork while playing games. Adults may be required to participate. This program is for School Aged Individuals with physical or intellectual disabilities.

Location: EHTCC Gym
Instructor: Ms. Toni-Lynn
Grades: School Aged
Days: Fridays
Dates: July 17 - August 21
(No Class 8/14)
Times: 10:00 - 11:00 am
Price: No Fee R / \$ 20 NR



Dodgeball

Join EHT Recreation and EHT LEAP for some summer fun! Challenge some of the LEAP volunteers to a game of dodgeball and see who can best the other team! This program is for EHT residents only. Pre-registration is preferred but not required.

Location: EHTCC Aux Gym
Instructor: EHT LEAP Volunteers
Grades: 3 - 8 (as of 9/1/26)
Days: Wednesdays
Dates: July 8 - August 19
Times: 12 noon - 1 pm
Price: Free

YOUTH ACTIVITIES

Youth Yoga

Join Miss Bella and Miss Abby for a fun and engaging yoga and mindfulness class. Learn how to manage anxiety and relaxation of the body and mind through breathing exercises and meditation. No prior knowledge needed to participate in this class. Come to class with a water bottle and a yoga mat.

Location: EHTCC 111
Instructor: Miss Bella and Miss Abby
Days: Mondays
Dates: July 6 - August 24
Price: \$ 72 R / \$ 77 NR

Seven to Eleven Year Old Class

Ages: 7 - 11
Times: 10:30 - 11:15 am

Twelve to Eighteen Year Old Class

Ages: 12 - 18
Times: 11:15 - 12 noon



Spoken Ones

Come unlock the mystery silhouetted within you. Discover how creative you are, how strong you are, how uniquely you were made. This poetry class is designed to introduce you to the freedom that lives in writing. Participants will learn writing structures and compositions.

Location: EHTCC
Instructor: Mr. Jeffrey Hughes
Price: \$ 90 R / \$ 100 NR

Ten to Thirteen Year Olds

Ages: 10 - 13
Days: Wednesdays
Dates: July 8 - September 30
Times: 5 - 6 pm

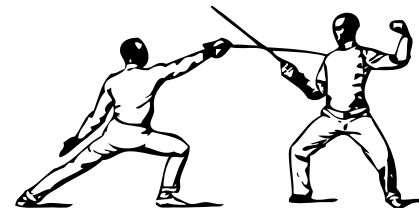
Fourteen to Seventeen Year Olds

Ages: 14 - 17
Days: Mondays
Dates: July 6 - September 28
Times: 5 - 6 pm

Speed and Agility Clinic

Speed & Agility is for young athletes competing in any sport. This clinic will focus on building athleticism, conditioning and speed on both a linear and multi-directional basis. Our high-energy environment allows athletes to train at a competitive level as well as become more motivated and confident, and will have a positive impact on your performance as an athlete. We also look to educate the athletes on proper recovery, injury prevention, and nutrition.

Location: EHT HS Track
Instructor: Coach Cam
Grades: 4 - 8 (as of 9/1/25)
Days: Mondays and Wednesdays
Dates: July 6 - August 26
Times: 5:30 pm - 6:30 pm
Price: \$ 95 R / \$ 105 NR



Fencing

Learn the centuries-old art of defense with a point weapon. Students will be instructed in the basics of foil fencing, footwork and parries. Participants will build team working skills by judging and directing matches according to traditional rules. Returning fencing students will expand on their knowledge to become proficient with all three weapons - foil, saber, and epee. Fencing enhances confidence and coordination. Students will be divided into smaller groups based on skill and experience level. All gear is provided. Bruising may occur.

Location: EHTCC Aux Gym
Instructor: Ms. Amanda and Mr. James
Ages: 11 - 18
Days: Tuesdays
Dates: 6:30 - 8:30 pm
Times: June 30 - August 18
Price: \$ 80 R / \$ 90

RECREATION DANCE

3-4 Year-Olds Jazz Ballet

Learn the basics in this class combines the best of both worlds! Students will learn the structured elegance of ballet alongside the upbeat, energetic moves of jazz. Students will learn 1 ballet routine and 1 jazz routine.

Location: EHTCC 110
Ages: 3 - 4
Price: \$ 180 R / \$ 200 NR

Monday Class

Instructor: Ms. Danielle
Days: Mondays
Start Date: July 6
(No Class 8/31, 9/7, 10/12)
Times: 4:45 - 5:30 pm

Tuesday Class

Instructor: Miss Kaila
Days: Tuesdays
Start Date: July 7
(No Class 8/4, 9/1, 11/3)
Times: 4:45 - 5:30 pm

Wednesday Class

Instructor: Miss Bella
Days: Wednesday
Start Date: July 8
(No Class 9/2, 11/11)
Times: 4:45 - 5:30 pm

Thursday Class

Instructor: Miss Emma
Days: Thursdays
Start Date: July 9
(No Class 9/3, 11/26)
Times: 5:30 - 6:15 pm

Unified Dance

Learn the basics of dance in a fun safe sensory friend class. Dancers will be partnered with a buddy to help them learn and thrive in the class. Dancers will have the option to perform as the opening in our dance recital!

Parent participation may be required.

Location: EHTCC 109
Ages: 5 - 10
Price: \$ 65 R / \$ 70 NR

Instructor: Ms. Danielle
Days: Wednesdays
Start Date: September 9
(No Class 11/11)
Times: 5:30 - 6:15 pm

Our dance program is a great way for children to be introduced to the world of dance and learn the basics in a fun, stress-free environment from our caring instructors. Our participants will then progress through our dance program levels and refine their skills. A fantastic dance recital concludes each session. Recital will be held in November or early December. Exact Dates will be released once the school district approves the dates.

5-7 Year-Olds Hip Hop

Dance to upbeat music while mastering moves like popping, locking, and breaking. Perfect for kids looking to build confidence, rhythm, and style through creative choreography. Students will learn 2 dance routines.

Location: EHTCC 110
Ages: 5 - 7
Price: \$ 180 R / \$ 200 NR

Monday Class

Instructor: Ms. Danielle
Days: Mondays
Start Date: July 6
(No Class 8/31, 9/7, 10/12)
Times: 6:15 - 7 pm

Wednesday Class

Instructor: Miss Bella
Days: Wednesdays
Start Date: July 8
(No Class 9/2, 11/11)
Times: 5:30 - 6:15 pm

5-7 Year-Olds Jazz Ballet

Revisit the basics and build on your dancers' knowledge in this class combines the best of both worlds! Students will learn the structured elegance of ballet alongside the upbeat, energetic moves of jazz. Students will learn 1 ballet routine and 1 jazz routine.

Location: EHTCC 110
Ages: 5 - 7
Price: \$ 180 R / \$ 200 NR

Monday Class

Instructor: Ms. Danielle
Days: Mondays
Start Date: July 6
(No Class 8/31, 9/7, 10/12)
Times: 5:30 - 6:15 pm

Tuesday Class

Instructor: Miss Kaila
Days: Tuesdays
Start Date: July 7
(No Class 8/4, 9/1, 11/3)
Times: 5:30 - 6:15 pm

Tuesday Class

Instructor: Miss Kaila
Days: Tuesdays
Start Date: July 7
(No Class 8/4, 9/1, 11/3)
Times: 6:15 - 7 pm

Thursday Class

Instructor: Miss Bella
Days: Thursdays
Start Date: July 9
(No Class 9/3, 11/26)
Times: 4:45 - 5:30 pm

Saturday Class

Instructor: Ms. Veronica
Days: Saturdays
Start Date: July 11
(No Class 9/5, 10/10, 11/14, 11/28)
Times: 9 - 9:45 am



RECREATION DANCE

8-10 Year-Olds

Jazz Ballet

Revisit the basics and build on your dancers' knowledge in this class combines the best of both worlds! Students will learn the structured elegance of ballet alongside the upbeat, energetic moves of jazz. Students will learn 1 ballet routine and 1 jazz routine.

Location: EHTCC 110
Ages: 8 - 10
Price: \$ 180 R / \$ 200 NR

Monday Class

Instructor: Miss Danielle
Days: Mondays
Start Date: July 6
(No Class 8/31, 9/7, 10/12)
Times: 7 - 7:45 pm

Tuesday Class

Instructor: Miss Kaila
Days: Tuesdays
Start Date: July 7
(No Class 8/4, 9/1, 11/3)
Times: 7 - 7:45 pm

Thursday Class

Instructor: Miss Veronica
Days: Thursdays
Start Date: July 9
(No Class 9/3, 11/26)
Times: 7 - 7:45 pm

Our dance program is a great way for children to be introduced to the world of dance and learn the basics in a fun, stress-free environment from our caring instructors. Our participants will then progress through our dance program levels and refine their skills. A fantastic dance recital concludes each session.

Recital will be held in November or early December. Exact Dates will be released once the school district approves the dates.

8-10 Year-Olds Hip Hop

Dance to upbeat music while mastering moves like popping, locking, and breaking. Perfect for kids looking to build confidence, rhythm, and style through creative choreography. Students will learn 2 dance routines.

Location: EHTCC 110
Ages: 8 - 10
Price: \$ 180 R / \$ 200 NR

Tuesday Class

Instructor: Ms. Veronica and Miss Bella
Days: Tuesdays
Start Date: July 7
(No Class 8/4, 9/1, 11/3)

Times: 7 - 7:45 pm

Wednesday Class

Instructor: Miss Bella
Days: Wednesdays
Start Date: July 8
(No Class 9/2, 11/11)
Times: 6:15 - 7:00 pm



11-13 Year-Olds

Jazz Ballet

Revisit the basics and build on your dancers' knowledge in this class combines the best of both worlds! Students will learn the structured elegance of ballet alongside the upbeat, energetic moves of jazz. Students will learn 1 ballet routine and 1 jazz routine.

Location: EHTCC 110
Ages: 11 - 13
Price: \$ 180 R / \$ 200 NR

Wednesday Class

Instructor: Miss Colleen
Days: Wednesdays
Start Date: July 8
(No Class 9/2, 11/11)
Times: 6:15 - 7:00 pm

11-13 Year-Olds

Contemporary

Join our Contemporary Dance class to explore dynamic movements and creative choreography. Combining modern, ballet, and jazz techniques, you'll improve strength, flexibility, and self-expression through dance. Students will learn 2 dance routines.

Location: EHTCC 110
Ages: 11 - 13
Price: \$ 180 R / \$ 200 NR

Wednesday Class

Instructor: Miss Bella
Days: Wednesday
Start Date: July 8
(No Class 9/2, 11/11)
Times: 7:00 - 7:45 pm

11 - 13 Year-Olds Hip Hop

Dance to upbeat music while mastering moves like popping, locking, and breaking. Perfect for kids looking to build confidence, rhythm, and style through creative choreography. Students will learn 2 dance routines.

Location: EHTCC 110
Ages: 11 - 13
Price: \$ 180 R / \$ 200 NR

Wednesday Class

Instructor: Ms. Bella
Days: Wednesdays
Start Date: July 8
(No Class 9/2, 11/11)
Times: 7:45 - 8:30 pm

RECREATION DANCE

14 - 18 Year-Olds Hip Hop

Dance to upbeat music while mastering moves like popping, locking, and breaking. Perfect for kids looking to build confidence, rhythm, and style through creative choreography. Students will learn 2 dance routines.

Location: EHTCC 110
 Ages: 14 - 18
 Price: \$ 180 R / \$ 200 NR
Monday Class
 Instructor: Ms. Danielle
 Days: Mondays
 Start Date: July 6
 (No Class 8/31, 9/7, 10/12)
 Times: 7:45 - 8:30 pm



Our dance program is a great way for children to be introduced to the world of dance and learn the basics in a fun, stress-free environment from our caring instructors. Our participants will then progress through our dance program levels and refine their skills. A fantastic dance recital concludes each session. Recital will be held in November or early December. Exact Dates will be released once the school district approves the dates.

Adult Drop-in Dance

Move, groove, and energize your body in this fun, upbeat class designed just for adults! Pre-register for the style of dance you've always wanted to try or use your fitness punch card to drop in and bust a groove!

Location: EHTCC Fitness Room
 Ages: 18+
 Price: \$ 10 / day
 Instructor: Ms. Danielle
 Days: Wednesday
 Dates: July 8 - August 26
 (No Class 7/22 or 8/5)
 Times: 7 - 7:45 pm

14 - 18 Year-Olds Contemporary

Join our Contemporary Dance class to express emotion through graceful, flowing movements. Combining ballet and contemporary techniques, you'll build strength and flexibility while telling a story through music. Students will learn 2 dance routines.

Location: EHTCC 110
 Ages: 14 - 18
 Price: \$ 180 R / \$ 200 NR
Tuesday Class
 Instructor: Miss Kaila and Miss Bella
 Days: Tuesdays
 Start Date: July 7
 (No Class 8/4, 9/1, 11/3)
 Times: 7:45 - 8:30 pm

Adult Happy Hour Jazz Pop

Move, groove, and energize your body in this fun, upbeat class designed just for adults! Learn jazz-based choreography with a hip hop twist. No dance experience needed, just come ready to move and have fun!

Participants may be required to provide part of their recital costume.

Location: EHTCC 110
 Ages: 18+
 Price: \$ 140 R / \$ 150 NR
Wednesday Class
 Instructor: Ms. Danielle
 Days: Wednesday
 Start Date: July 8
 (No 9/2, 11/11)
 Times: 7:45 - 8:30 pm

SUMMER		2026
7/8	BEGINNER HIPHOP - RUN IT! - CHRIS BROWN	
7/15	BEGINNER JAZZ THE FATE OF OPHELIA - TAYLOR SWIFT	
7/22	NO CLASS	
7/29	BEGINNER BALLET POP MASHUP	
8/5	NO CLASS	
8/12	BEGINNER JAZZ HOUDINI - DUA LIPA	
8/19	BEGINNER LYRICAL ALL I ASK - ADELE	
8/26	BEGINNER HIPHOP SPORTS CAR - TATE MCRAE	



KARATE

Youth and adult karate students are taught martial arts and self-defense techniques utilizing Korean style Tang Soo Do karate.

The primary focus is on self defense and counter offense moves. Additional training includes grappling, wrist lock moves, weaponless self defense as well as traditional weapons training (Bo Staff and Knife Forms) plus (limited or full contact) sparring. Our youth students also benefit from increased self-control, discipline, respect, and perseverance. Classes are led by 9th degree Black Belt Grand Master Carson of Yi's Karate who brings over 40 years of martial arts experience in instruction along with his team of over 8 karate masters. There is a high teacher to student ratio and dedicated instructors for each belt rank. In addition to the regular Monday and Wednesday class there is a twice monthly Friday class, plus a twice a month staff class included in each cycle. Over 16 sessions, students will be taught the necessary basics, forms, weapons and self defense techniques to test for a Black Belt.



Location: EHTCC Aux Gym
Instructor: Master Carson and Karate Staff
Dates: July 6 - Sept 30
(No Class 9/7)

Classes will be held outside at the Robert J Lincoln Amphitheater
June 17, July 15, August 19, August 31, September 2

Tiny Tigers

Our tiny tigers class is a fun and energetic way for little ones to explore movement, coordination, and focus. Through playful drills and basic martial arts techniques, children build confidence and learn to follow instructions in a supportive environment. This class emphasizes respect, discipline, and teamwork, all while keeping things light and age appropriate. It's the perfect first step into the world of martial arts for your curious and active toddler.

Ages: 4 - 5
Days: Wednesdays
Times: 5 - 5:30 pm
Price: \$ 55 R / \$ 60 NR

Beginners Karate

Our beginner's karate class is a fun and structured way to learn martial arts while building focus, confidence, and respect. Participants will learn the basics of Tang Soo Do while developing coordination, discipline, and love for movement in a positive environment.

Ages: 6 - 16
Days: Mondays & Wednesdays
Times: 5:30 - 6 pm
Price: \$ 75 R / \$ 80 NR

Intermediate Karate

After learning the basics, students move into the intermediate class. This class reviews fundamentals, introduces forms, self-defense, and sparring, and includes one instructor per belt level. Students also explore Tang Soo Do history, Korean terms, and begin Bong (staff) training at green belt. Intermediate students may attend Friday classes, and green & blue belts are invited to the twice-monthly staff class.

Ages: 6 - 16
Days: Mondays & Wednesdays
Times: 6 - 7 pm
Price: \$ 110 R / \$ 120 NR

Advanced Karate

Advanced students join the Advanced class after about 20 months of intermediate training and are on the path to earning their Black Belt. This class focuses on higher intensity, advanced techniques, and detailed refinement under the guidance of senior instructors. Red belts and Black Belt candidates receive one-on-one support through breakout sessions. Young adult Black Belts also take on leadership roles, helping lead and mentor during class.

Ages: 6 - 16
Days: Mondays & Wednesdays
Times: 7 - 8 pm
Price: \$ 110 R / \$ 120 NR

Beginner Adult Karate

This adult class is for adult who have never done karate before with one-on-one instruction for new students. It covers self-defense, traditional weapons, grappling, and advanced techniques at a comfortable pace. The class is always welcoming, including those returning from other martial arts styles.

Ages: 16+
Days: Mondays & Wednesdays
Times: 6 - 7 pm
Price: \$ 110 R / \$ 120 NR

Adult Karate

The adult class includes all levels, from beginners to senior masters, with one-on-one instruction for new students. It covers self-defense, traditional weapons, grappling, and advanced techniques at a comfortable pace. With plenty of Black Belts and Masters, adults receive strong support without pressure. The class is always welcoming, including those returning from other martial arts styles.

Ages: 16+
Days: Mondays & Wednesdays
Times: 7 - 8 pm
Price: \$ 110 R / \$ 120 NR

TENNIS

Tennis is a fast-paced sport that combines agility, strategy, and precision. Played on a court with rackets and a ball, it challenges players to outmaneuver their opponent while maintaining control and accuracy. Whether for fun, fitness, or competition, tennis is a great way to stay active. Our experienced staff will help you on your journey to enjoying this exciting sport.

Junior Tots Tennis

Come learn tennis in a fun and easy way! Our clinic is all about helping kids learn the basics—how to hit the ball, serve, and play simple games. You'll get to practice with our awesome coaches in small groups and one-on-one, so you can feel confident and have a blast on the court!

Location: Tony Canale Park
Instructor: Miss Joanie and Recreation Staff
Ages: 6 - 7
Days: Saturdays
Dates: June 27 - August 15 (No 7/4)
Times: 9 - 10 am
Price: \$ 75 R / \$ 80 NR



Fast Action Drills

Looking to sharpen your tennis skills and elevate your game? Our Fast Action Drills clinic focuses on improving technique, consistency, and strategy through targeted drills and match play. Whether you want to perfect your strokes, enhance your footwork, or develop smarter tactics, our experienced coaches will help you play with confidence and control.

Location: Tony Canale Park
Instructor: Miss Joanie and Recreation Staff
Ages: 16 +
Days: Saturdays
Dates: June 27 - August 15 (No 7/4)
Times: 9 - 10 am
Price: \$ 75 R / \$ 80 NR

Intermediate Tennis

Ready to take your tennis skills to the next level? This clinic is designed for players who have some experience and want to improve their technique and strategy. Our coaches will help you refine ground strokes, volleys, and serves, while introducing advanced drills and game play to boost your confidence and performance.

Location: Tony Canale Park
Instructor: Miss Joanie and Recreation Staff
Ages: 8 -16
Days: Saturdays
Dates: June 27 - August 15 (No 7/4)
Times: 11 - 12 noon
Price: \$ 75 R / \$ 80 NR



Beginners Tennis

Ready to try tennis? Our beginner clinic is perfect for kids who want to learn the basics in a fun, supportive environment. You'll practice ground strokes, volleys, serves, and even play simple games with guidance from our experienced coaches—no experience needed!

Location: Tony Canale Park
Instructor: Miss Joanie and Recreation Staff
Ages: 8 - 816
Days: Saturdays
Dates: June 27 - August 15 (No 7/4)
Times: 10 - 11 am
Price: \$ 75 R / \$ 80 NR



Early Bird Tennis

This session is perfect for players who want to enjoy casual match play while getting tips from our experienced coaches. Improve your strategy, sharpen your skills, and have fun in a relaxed, social environment—no pressure, just great tennis!

Location: Tony Canale Park
Instructor: Miss Joanie and Recreation Staff
Ages: 16 +
Days: Saturdays
Dates: June 27 - August 15 (No 7/4)
Times: 7:30 - 9 am
Price: \$ 75 R / \$ 80 NR

ADULT PROGRAMS

Open Gym Basketball

Our Adult Open Gym Basketball is a place to shoot some hoops. Pick-up games are formed each day. Games are based on exercise, sportsmanship, and fun. Space in the gym is limited. Sign up for the session to secure your place all season, or drop in for \$5/day as space allows. Max 20 players allowed per day. A waiver form must be completed on site daily for drop-in players. No spectators allowed in the gym.

Location: EHTCC Gym
Ages: 18+
Days: Tuesdays
Dates: July 7 - September 29
(No 9/1)
Times: 6:30 pm - 8:30 pm
Price: \$ 52 R / \$ 57 NR

Open Gym Pickleball

3 Courts available
Drop in for \$5 as space allows, only 24 players will be allowed in each day. No session registration is available. A waiver must be completed on site daily for drop-in players. No spectators allowed in the gym.

Location: EHTCC Gym
Ages: 18 +
Days: Thursdays
Dates: July 9 - October 1
(No 9/3)
Times: 6:30 - 8:30 pm
Price: \$ 5 / day drop in fee

Poetry Nights

There's a hidden force inside you—creative, powerful, unmistakably yours. This poetry class is your invitation to meet it. Step into a space where writing becomes liberation. You'll learn essential structures and compositions, then bend them, break them, and rebuild them into something that feels like you.

Location: EHTCC
Instructor: Mr. Jeffrey Hughes
Price: \$ 60 R / \$ 70 NR
Ages: 18+
Days: Fridays
Dates: July 10 - August 28
Times: 5 pm - 6 pm

Beginner's Pickleball Clinic

Ready to try the fastest-growing sport in America? Join us for a fun and engaging Beginner Pickleball Clinic designed for those who are brand new to the game or looking to brush up on the basics.

During this clinic, you can expect:

- An introduction to pickleball rules and scoring
- Proper grip, paddle handling, and court positioning
- Basic shots: serve, return, dink, and volley
- Game play practice in a low-pressure, friendly environment
- Tips for safety and court etiquette

No experience? No problem! Whether you're picking up a paddle for the first time or need a refresher, this clinic is the perfect place to start.

Instructor: Bill Gianetti
Ages: 18 +
Price: \$ 110 R / \$ 120 NR

Indoor Clinic

Location: EHTCC
Days: Fridays
Dates: July 10 - August 21
Times: 9 - 11 am

Outdoor Clinic

Location: Delialah Oaks Park
Days: Saturdays
Dates: July 11 - August 22
Times: 9 - 10:30 am

Intermediate Pickleball Clinic

Already comfortable with the basics of pickleball? This Intermediate Pickleball Clinic is designed for players looking to improve their skills, sharpen their strategy, and become more confident and competitive on the court. Ideal for players who understand the rules and scoring, are familiar with basic shots, and have some on-court experience. This clinic is not for beginners.

Instructor: Bill Gianetti
Ages: 18 +
Price: \$ 110 R / \$ 120 NR

Indoor Clinic

Location: EHTCC
Days: Fridays
Dates: July 10 - August 21
Times: 11 - 1 pm

Outdoor Clinic

Location: Delialah Oaks Park
Days: Saturdays
Dates: July 11 - August 22
Times: 10:30 - 12 pm

ADULT PROGRAMS

Youth Coaching Clinic

The EHT Parks and Recreation Department will conduct a youth sports coaching clinic for coaches in our local youth sports programs. The course will focus on the basic fundamentals needed to coach any youth sport successfully.

Participants will learn:

- Responsibilities of being a coach
- Effective methods of teaching sports skills
- How to send positive messages to athletes
- How to conduct a safe program, manage risks, and more
- CDC Heads Up: Concussions in Youth Sports Training (certificate awarded)

Location: EHTCC
Instructor: Rick Audet
Grades: 18+
Days: Monday
Dates: August 10
Times: 6 - 9 pm
Price: No Cost



EHT Parks and Recreation offers in-person Youth Sports Coaches Clinics free of charge throughout the year. As an alternative, EHT coaches may take the Rutgers SAFETY (Sports Awareness For Educating Today's Youth) Clinic. The Rutgers SAFETY Clinic is a three-hour program that informs coaches on the psychological, legal, and medical/first aid aspects of coaching as well as general coaching concepts and training/conditioning youth athletes. Cost of clinic is \$45 per coach. The Township hosts a Rutgers clinic locally, however there are online/virtual Rutgers SAFETY clinics offered throughout the state on a regular basis that a coach may sign-up for and attend virtually.

Our in-person clinic and the Rutgers SAFETY Clinic both satisfy the coaches training requirements for our sponsored youth sports organizations coaches. If you have any questions on this or need more information, please call the Director of Parks and Recreation at 609-272-8120.

FITNESS - SPIN CLASSES

Margarets Madness Spin

Margaret's Madness Spin will combine the best elements of spinning along with toning your upper body and incorporating exercises using light weights while remaining seated on the bike. This class is intense! Are you ready to shed those calories? Towel and water needed. If you are new to the class please arrive 10 minutes early so the instructor can go over safety and set up.

Location: EHTCC 112
Instructor: Margaret Keena
Grades: 18 +
Days: Mondays
Dates: July 6 - September 28
(No Class 8/31, 9/7)
Times: 9:15 - 10:15 am
Price: \$ 88 R / \$ 98 NR



Cycle with Joe

Something for everyone! Intervals, rolling hills, and sprints all to music hand-picked to motivate and inspire! This is a great work out if you want to burn calories and increase endurance! Come join the fun! Towel and water required.

Location: EHTCC 112
Instructor: Joe LaRosa
Grades: 18+
Days: Thursdays
Dates: July 9 - October 1
Times: (No Class 9/3)
Price: 5:30 - 6:30 pm
\$ 96 R / \$ 106 NR

Manic Monday Spin

(Intermediate/Advanced Spin Class)

These classes incorporate full body dynamic movements to push your limits using dumbbells, varied intervals and multi-directional movements which help develop more cardiovascular conditioning and functional strength. You never repeat the same workout twice which keeps your body challenged and in full fat-burning mode. Towel and water required. Please arrive 10 minutes prior to the class start time.

Location: EHTCC 112
Instructor: Dina Washington
Grades: 18+
Days: Mondays
Dates: July 6 - September 28
Times: (No Class 8/31, 9/7)
Price: 5:45 - 6:45 pm
\$ 88 R / \$ 98 NR



Feel Good Friday Spin

Kick off your weekend with a high-energy ride that blends the best of cardio and strength! This feel-good spin class keeps you moving to the beat while sculpting your upper body using light weights—all from the saddle. Expect an intense, full-body workout that will leave you sweaty, smiling, and strong. Bring your towel, water, and good vibes!

New to class? Arrive 10 minutes early so the instructor can help you get set up and review safety tips.

Location: EHTCC 112
Instructor: Margaret Keena
Grades: 18+
Days: Fridays
Dates: July 10 - October 2
Times: (No Class 9/4)
Price: 9:15 am - 10:15 am
\$ 88 R / \$ 98 NR

FITNESS - CARDIO

Work Off the Pounds

Same Great Class, New Great Name! If you want to lose weight and improve your fitness this year but don't know where to start, Work off the Pounds is for you. This program consists of walking in place, knee lifts, forward kicks, back kicks, free weights and bands. Towel and water needed.

Location: EHTCC 111
Instructor: Toni-Lynn Rispoli
Ages: 18+

Mondays

Days: Mondays
Dates: July 13 - September 28
(No Class 8/31 or 9/7)
Times: 8:15 - 9:15 am
Price: \$ 80 R / \$ 90 NR

Wednesdays

Days: Wednesday
Dates: July 15 - September 30
(No Class 9/2)
Times: 8:15 - 9:15 am
Price: \$ 88 R / \$ 98 NR

Fridays

Days: Fridays
Dates: July 17 - October 2
(No Class 9/4)
Times: 8:15 - 9:15 am
Price: \$ 88 R / \$ 98 NR

Two Day Option

Price \$ 154 R / \$ 174 NR

Three Day Option

Price: \$ 223 R / \$ 243 NR



Cardio Crush

This high energy 60 minute class will burn calories and build total body strength. We will combine step aerobics with weighted strength training to maximize your heart rate and build muscle. Using a step platform and free weights, you'll tackle high intensity movements and sculpting drills to fire up your metabolism. Get ready to sweat, step and lift! The class concludes with a 15 minute stretch to bring that heart rate down and relax the body. Please bring a mat, water, and towel.

Location: EHTCC 111
Instructor: Rick Behler
Grades: 18+
Days: Mondays
Dates: July 6 - September 28
(No Class 8/31 or 9/7)
Times: 10 - 11 am
Price: \$ 88 R / \$ 98 NR



Zumba

Zumba is a Latin-inspired dance workout designed to make you sweat and have fun. Zumba will have you moving and grooving in a 45-minute, calorie torching cardio workout that's like a dance party. Please bring a towel and a water bottle.

Location: EHTCC 113
Instructor: Veronica Valencia
Ages: 18+

Evening Class

Days: Thursdays
Dates: July 9 - October 1
(No Class 9/3)
Times: 6:15 - 7 pm
Price: \$ 96 R / \$ 106 NR

Morning Class

Days: Fridays
Dates: July 10 - August 7
Times: 9:30 am - 10:15 am
Price: \$ 40 R / \$ 45 NR

FITNESS - STRENGTH CLASSES

Tone and Balance

This class incorporates every day balance moves and building strength with light weights. No impact, just tightening our bodies. Please bring your own mat, fitness band, and water. If you are new to the class, please arrive 10 minutes early so the instructor can go over safety and set up. Classes 8/31 and 9/4 will be at the Robert J Lincoln Amphitheater

Location: EHTCC 111
Instructor: Margaret Keena
Ages: 18+

Mondays
Days: Mondays
Dates: July 6 - September 28
(No Class 9/7)
Times: 8:15 - 9 am
Price: \$ 96 R / \$ 106 NR

Fridays
Days: Fridays
Dates: July 10 - October 3
Times: 8:15 - 9 am
Price: \$ 104 R / \$ 114 NR

Two Day Option
Price: \$ 175 R / \$ 195 NR



Body Works!

Overall strength training with pilates bar, bands, and weights. Tighten and tone up that body! No impact exercise. If you are new to the class, please arrive 10 minutes early so the instructor can go over safety and set up. Classes 9/1 will be at the Robert J Lincoln Amphitheater

Location: EHTCC 111
Instructor: Margaret Keena
Grades: 18+
Days: Tuesdays
Dates: July 7 - September 29
Times: 8:45 - 9:30 am
Price: \$ 96 R / \$ 106 NR

STRENGTH

Do you want to feel stronger? Come join Margaret for some free weight strength training. All over body movements to target specific muscle groups to avoid injury. All ages and levels of fitness invited!

Classes 8/31 and 9/2 will be at the Robert J Lincoln Amphitheater

Location: EHTCC Fitness 111
Instructor: Margaret Keena
Ages: 18 +

Mondays
Days: Mondays
Dates: July 6 - September 28
(No Class 9/7)
Times: 10:30 - 11 am
Price: \$ 60 R / \$ 65 NR

Wednesdays
Days: Wednesdays
Dates: July 8 - September 30
Times: 8:15 - 9 am
Price: \$ 104 R / \$ 114 NR



HIIT with Joe

HIIT or High Intensity Interval Training is the future of exercise. Become stronger and faster by working out less. Everyone wants to exercise, but not everyone has the time. HIIT training goes hard for short periods, with intervals of rest. It's a great way to get a big workout with multiple benefits in a small amount of time.

Location: EHTCC 113
Instructor: Joe LaRosa
Grades: 18+
Days: Mondays
Dates: July 6 - September 28
(No Class 8/31 or 9/7)
Times: 5:45 - 6:45 pm
Price: \$ 88 R / \$ 98 NR

FITNESS - STRENGTH CLASSES

Buns and Guns

Transform your arms and glutes! Shred fat and build muscle as you tone your upper and lower body in this intensive class. Class will be held outside at the Robert J Lincoln Ampitheater 9/2.

Band, mat, towel, and water required for this class

Indoor Class

Location: EHTCC 113
Instructor: Dina Washington
Ages: 18+
Days: Wednesdays
Dates: July 8 - September 30
Times: 5:45 - 6:30 pm
Price: \$ 104 R / \$ 114 NR

Outdoor Class

Location: Robert J Lincoln Ampitheater
Instructor: Margaret Keena
Ages: 18+
Days: Tuesdays
Dates: July 7 - August 25
Times: 7:15 - 8 am
Price: \$ 64 R / \$69NR



Kettlebell Core Crunch

Get ready to build strength, burn fat, and sculpt your core in this high-energy, full-body workout! This dynamic class combines powerful kettlebell training with targeted ab exercises to improve endurance, coordination, and overall core stability.

Fitness mat, towel and water recommended. Classes 8/31 and 9/2 will be at the Robert J Lincoln Ampitheater

Location: EHTCC 113
Instructor: Dina Washington
Ages: 18+

Mondays

Days: Mondays
Dates: July 6 - September 28
(No Class 9/7)

Times: 5 - 5:30 pm
Price: \$ 60 R / \$ 65 NR

Wednesdays

Days: Wednesdays
Dates: July 8 - September 30

Times: 5 - 5:30 pm
Price: \$ 65 R / \$ 70 NR

Two Day Option

Price: \$ 100 R / \$ 110 NR



Sculpt and Strength

A 45-minute workout using weights and Pilates inspired moves. Improve your all over body tone and flexibility. Core work is done on the mat.

Please bring a water and a mat.

Location: Tony Canale Ampitheater
Instructor: Margaret Keena
Grades: 18+
Days: Thursdays
Dates: July 9 - August 27
Times: 7:15 - 8 am
Price: \$ 72 R / \$ 77 NR

FITNESS - MIND & BODY

Stretch and Mobility

A stretch and mobility routine can improve range of motion, flexibility, stability, and over all movement quality. Bars and Bands will be used to resistance, enhance control, and support proper form throughout each movement. Please bring a mat and water bottle.

Instructor: Margaret Keena

Ages: 18+

Indoor Class

Location: EHTCC 11

Days: Fridays

Dates: July 10 - October 2

Times: 10:30 - 11 am

Price: \$ 65 R / \$ 70 NR

Outdoor Class

Location: Robert J Lincoln Amphitheater

Days: Wednesdays

Dates: July 8 - August 26

Times: 7:15 - 7:45 am

Price: \$ 40 R / \$ 45 NR



Pilates with Veronica

Pilates is a mind/body mat workout using a Pilates bar, circle, and ball, along with light weights, thigh bands, and gliding discs to strengthen the body's core muscles including those in the abdomen, back, and hips, as well as in the arms and legs. Pilates emphasizes proper breathing, alignment, and flexibility which helps to improve posture, balance, and overall physical function. There's a reason Pilates has stood the test of time and has been around for over 100 years-- it works! All fitness levels welcome--the instructor will offer modifications as needed. Please bring a yoga mat and a water bottle.

Location: EHTCC 111

Instructor: Veronica Valencia

Ages: 18 +

Days: Tuesdays

Dates: July 14 - September 29

(No Class 9/1)

Times: 6 - 6:45 pm

Price: \$ 88 R / \$ 98 NR

Yoga Health and Well-Being

Join the fun exploring and practicing yoga. Learn how to cultivate and circulate your life force energy. Build strength, balance, and increase flexibility. Calm the mind, soothe the emotions, and come home to your body. We learn how to balance action with inner stillness to take Yoga off the mat into our lives. All poses can be adapted to your body. Bring a mat and water bottle.

Please note - this class will require 2 punches on a drop in card to attend

Location: EHTCC 113

Instructor: Linda Schwartz

Ages: 18 +

Days: Wednesdays

Dates: July 8 - September 30

(No class 9/2)

Times: 10 - 11 am

Price: \$ 144 R / \$ 164 NR

FITNESS - COMBO CLASSES

Pump and Pilates

Pump & Pilates is the best of both worlds: strength training and Pilates in one 60-minute class! Class consists of a dynamic warm up followed by 30 minutes of strength training using weights, a Pilates bar, resistance bands, a barre ball, and gliding discs. It finishes with 20 minutes of mat Pilates which focuses on strengthening the core and back muscles while working on flexibility, proper breathing techniques and alignment. All fitness levels welcome--the instructor will offer modifications as needed. Please wear sneakers, & bring a yoga mat and water bottle.

Location: EHTCC 111
Instructor: Veronica Valencia
Ages: 18 +
Mondays
Days: Mondays
Dates: July 6 - Sept 28
(No Class 8/31, 9/7)
Times: 6:45 - 7:45 pm
Price: \$ 88 R / \$ 98 NR
Saturday
Days: Saturdays
Dates: July 11 - October 3
(No Class 9/5)
Times: 9:45 - 10:45 am
Price: \$ 96 R / \$ 106 NR
Two Day Option
Price: \$ 161 R / \$ 181 NR

All Things Fitness

This class is a total-body workout designed for everyone. It blends cardio, strength, balance and flexibility to help you move better and feel stronger. It is perfect for all fitness levels with options and modifications offered so everyone can move at their own pace. Come ready to sweat, boost endurance and leave feeling energized and accomplished. Towel, water and mat required.

Class will be held outside at the Robert J Lincoln Amphitheater 9/3.

Location: EHTCC 113
Instructor: Dina Washington
Grades: 18+
Days: Thursdays
Dates: July 9 - October 1
Times: 5:15 - 6:15 pm
Price: \$ 104 R / \$ 114 NR

Core NRG

20/20/20: Get it all in one class!

20 minutes of step aerobics, 20 minutes of toning, 20 minutes of stretching makes this class a great part of your fitness regimen. Great music, no thinking, and a lot of sweating to let you get the most out of your workout!!

Please bring a towel, mat, and water to class.

Instructor: Rick Behler
Ages: 18+
Tuesdays
Location: EHTCC 113
Days: Tuesdays
Dates: July 7 - September 29
(No Class 9/1 or 9/8)
Times: 5:30 - 6:30 pm
Price: \$ 88 R / \$ 98 NR

Thursdays
Location: EHTCC 111
Days: Thursdays
Dates: July 2 - October 1
(No Class 9/3 or 9/10)
Times: 6 - 7 pm
Price: \$ 88 R / \$ 98 NR

Saturdays
Location: EHTCC 113
Days: Saturdays
Dates: July 11 - October 3
(No Class 9/5 or 9/12)
Times: 9 - 10 am
Price: \$ 88 R / \$ 98 NR

Two Day Option
Price: \$ 154 R / \$ 174 NR

Three Day Option
Price: \$ 231 R / \$ 251 NR

Punch Cards

Want to try a fitness class without the weekly commitment? Grab a Fitness Punch Card!

Drop into any class with open spots, pay only for what fits your schedule, and explore new workouts at your own pace. Punches never expire—flexibility made easy!

4 Class Bundle
Price: \$ 40 R / \$ 45 NR

8 Class Bundle
Price: \$ 80 R / \$ 90 NR

16 Class Bundle
Price: \$ 160 R / \$ 180 NR

SELECT FALL PROGRAMS

EHT Rec Basketball League

Our Youth Rec Basketball League focuses on fun, skill development, and participation. Games are scheduled Monday - Friday 5 pm - 9:30 pm at the EHT Community Center. Make-up games may be held on Saturdays or not rescheduled based on time constraints. Practice days and times will be Monday - Friday at the EHT Community Center or an EHT School. Practices days and times will be the preferred day by the coach.

Program is for EHT Residents Only. Coaches are needed for this program, if interested, please email ddanz@ehtnj.gov. Coaches' meetings will be held in October and November. Practices will start in December, with games starting in January 2027. Registration deadline is October 16 at 4 pm or when the league is at capacity.

Player evaluations will be held in late October or early November, Exact dates/times will be posted in September. Player evaluations held solely to assess player ability level and create evenly balanced teams, it is not a try out and there are no cuts. Players should make every effort to attend, if a player does not attend, they will still be placed on a team.

Grades: 3 - 8
Price: \$125

Open Gym Basketball

Our Adult Open Gym Basketball is a place to shoot some hoops. Pick-up games are formed each day. Games are based on exercise, sportsmanship, and fun. Space in the gym is limited. Sign up for the session to secure your place all season, or drop in for \$5/day as space allows. Max 20 players allowed per day. A waiver form must be completed on site daily for drop-in players. No spectators allowed in the gym.

Location: EHTCC Gym
Ages: 18+
Days: Mondays
Dates: Sept 7 - Sept 26
Times: 12 noon - 2 pm
Price: \$16 R / \$18 NR

Registration for programs on this page begins on July 9th!

Soccer Clinic

Join EHT Recreation and New Jersey Surf Soccer for some Saturday Soccer Fun. This program is geared for children with little to no soccer experience to help build basic skills. This is an instruction only clinic for boys and girls. There are no teams or league play. Our professional trainers will lead a variety of skill building soccer drills and games.

Location: Bargaintown Park
Instructor: New Jersey Surf Soccer
Days: Saturdays
Dates: Sept 12 - Nov 7
(No Class 10/10)

Price: \$55 R / \$60 NR
Three - Four Year Old Class

Ages: 3 - 4
Time: 9 - 10 am

Three - Four Year Old Class

Ages: 3-4
Time: 10:15 - 11:15 am

Five - Seven Year Old Class

Ages: 5-7
Time: 11:30 - 12:30 pm

Fencing

Learn the centuries-old art of defense with a point weapon. Students will be instructed in the basics of foil fencing, footwork and parries. Participants will build team working skills by judging and directing matches according to traditional rules. Returning fencing students will expand on their knowledge to become proficient with all three weapons - foil, saber, and epee. Fencing enhances confidence and coordination. Students will be divided into smaller groups based on skill and experience level. All gear is provided. Bruising may occur.

Location: EHTCC Aux Gym
Instructor: Ms. Amanda and Mr. James
Ages: 11 - 18
Days: Tuesdays
Dates: Sept 8 - Oct 27
Times: 6:30 - 8:30 pm
Price: \$80 R / \$90

EHT Running Club

Our running program gives boys and girls in Grades 4 - 8 the opportunity to discover the sport of cross-country running. Learn techniques and skills through a variety of drills from EHT Coaches and Teachers. This program consists of running techniques and participants are expected to run for the duration of the class. Runs could calculate up to 1.5 miles

Location: EHT Nature Reserve
Instructor: Mr. Aaron
Grades: 4 - 8
Days: Mon and Wed
Dates: Sept 14 - Oct 28
(No Class 10/12)
Times: 4:30 - 5:30
Price: \$70 R / \$75 NR



Mindful Chair and Standing Yoga

Chair Yoga is a modified form of yoga using a chair, but we also do standing postures in class which can also be performed in a chair. The class includes the body scan, breathing exercises, gentle movements, chair and standing yoga, meditation and relaxation.

Chair yoga has been shown to enhance muscular strength, body flexibility, and respiratory function making it beneficial for individuals of all ages and fitness levels including those with limited mobility, those who sit for extended periods, and those who want a gentle workout.

Please note - this class will require 2 punches on a drop in card to attend

Location: EHTCC Fitness Room
Instructor: Linda Schwartz
Ages: 18+
Days: Tuesdays
Dates: Sept 8 - Sept 29
Times: 10 - 11 am
Price: \$48 R / \$53 NR

 **Check back in September for information about Step it Up with Wendy Total Body Blast with Wendy!** 

FALL TENNIS

Tennis is a fast-paced sport that combines agility, strategy, and precision. Played on a court with rackets and a ball, it challenges players to outmaneuver their opponent while maintaining control and accuracy. Whether for fun, fitness, or competition, tennis is a great way to stay active. Our experienced staff will help you on your journey to enjoying this exciting sport.

Junior Tots Tennis

Come learn tennis in a fun and easy way! Our clinic is all about helping kids learn the basics—how to hit the ball, serve, and play simple games. You'll get to practice with our awesome coaches in small groups and one-on-one, so you can feel confident and have a blast on the court!

Location: Tony Canale Park
Instructor: Miss Joanie and Recreation Staff
Ages: 6 - 7
Days: Saturdays
Dates: Aug 29 - Oct 24
(No Class 9/5 or 10/10)
Times: 9 - 10 am
Price: \$ 75 R / \$ 80 NR



Beginners Tennis

Ready to try tennis? Our beginner clinic is perfect for kids who want to learn the basics in a fun, supportive environment. You'll practice ground strokes, volleys, serves, and even play simple games with guidance from our experienced coaches—no experience needed!

Location: Tony Canale Park
Instructor: Miss Joanie and Recreation Staff
Ages: 8 -16
Days: Saturdays
Dates: Aug 29 - Oct 24
(No Class 9/5 or 10/10)
Times: 10 - 11 am
Price: \$ 75 R / \$ 80 NR



Registration for programs on this page begins on July 9th!



Intermediate Tennis

Ready to take your tennis skills to the next level? This clinic is designed for players who have some experience and want to improve their technique and strategy. Our coaches will help you refine ground strokes, volleys, and serves, while introducing advanced drills and game play to boost your confidence and performance.

Location: Tony Canale Park
Instructor: Miss Joanie and Recreation Staff
Ages: 8 -16
Days: Saturdays
Dates: Aug 29 - Oct 24
(No Class 9/5 or 10/10)
Times: 11 - 12 noon
Price: \$ 75 R / \$ 80 NR

Fast Action Drills

Looking to sharpen your tennis skills and elevate your game? Our Fast Action Drills clinic focuses on improving technique, consistency, and strategy through targeted drills and match play. Whether you want to perfect your strokes, enhance your footwork, or develop smarter tactics, our experienced coaches will help you play with confidence and control.

Location: Tony Canale Park
Instructor: Miss Joanie and Recreation Staff
Ages: 16 +
Days: Saturdays
Dates: Aug 29 - Oct 24
(No Class 9/5 or 10/10)
Times: 9 - 10 am
Price: \$ 75 R / \$ 80 NR



Early Bird Tennis

This session is perfect for players who want to enjoy casual match play while getting tips from our experienced coaches. Improve your strategy, sharpen your skills, and have fun in a relaxed, social environment—no pressure, just great tennis!

Location: Tony Canale Park
Instructor: Miss Joanie and Recreation Staff
Ages: 16 +
Days: Saturdays
Dates: Aug 29 - Oct 24
(No Class 9/5 or 10/10)
Times: 7:30 - 9 am
Price: \$ 75 R / \$ 80 NR

POLICIES AND PROCEDURES

Registration & Program Policies

Registration is accepted on a first-come, first-serve basis, class sizes are limited. All registrations are accepted in-person, online and mail-in. Phone registrations are not accepted for any programs. Programs will be canceled if registration does not meet the minimum number of participants.

Payment must be made in full at the time of registration, without exception. We accept cash, checks and money orders made payable to "Egg Harbor Township" or "EHT." Payment may also be made by credit card in-person and online; a Convenience Fee will be assessed for each credit/debit card transaction.

You must have PROOF OF RESIDENCY and BIRTH CERTIFICATE (for minors) issued by a state agency (not hospital) at the time of registration.

Parks and Recreation reserves the right to reschedule, relocate, or cancel any announced program due to facility availability and public response. The Park and Recreation Department may also establish minimum or maximum class sizes to ensure appropriate instructor-to-participant ratios.

Children must be the proper age before the program begins and as noted in program description.

Only those enrolled in the program may attend.

Sorry, but "visitors/family" will not be permitted in the program unless specified. If you wish to wait for your child you may do so in the lobby of the Community Center.

Return Check Charge

Any check returned for any reason will be charged a \$20.00 service charge.

EHT Refund Policy

We strive for positive experiences and excellence in everything we do. All refunds will be made according to the following guidelines. Please see separate refund guidelines for Bus Trips in that section of the brochure.

- Refunds will **NOT** be issued once a program begins. Full refunds are granted in the event that a class is cancelled by the Recreation Department.
- Once a class begins, if you are dissatisfied, we can transfer you to another class or offer you a prorated household credit.
- Special consideration will be given for life altering situations.
- All refunds will be less a \$5 processing fee.
- All refunds will follow the Finance Department's bill-paying schedule and be issued by Township check. There will be no cash refunds or credit card refunds. Please allow ample time for refund to be mailed.

No Smoking on the Community Center Property

Wait Lists

If the program you are interested in is full, your name will be placed on a Wait List. You will be contacted ONLY if a space becomes available and be given a day by which to pay the fee and complete the registration process.

Insurance Information

There is no medical insurance coverage included in your registration for any program offered by the Department of Recreation. By participating in these programs, you assume your own medical insurance responsibilities.

Due to time constraints, canceled classes may not be made up.

Cancellation

The best way to find out if a program or class has been canceled due to weather is to check our webpage www.ehtrec.com or our Facebook page. The Recreation Department does NOT follow the school calendar. If school is cancelled due to inclement weather, please check our webpage www.ehtrec.com or our Facebook Page for the status of our programs.

We Love Parents But...

Parents are allowed to attend their child's first day of class (unless specified by the instructor). Please do not remain in the hallway or the classroom after dropping off your child. This is in your child's best interest, as continual interruptions tend to affect participants' attention spans and inhibit the establishment of peer relationships. Thank you for your cooperation.

Inclusive Statement

The Egg Harbor Township Parks and Recreation Department is committed to providing quality leisure services for people of all abilities. We will comply fully with the spirit and intention of the ADA in making reasonable accommodations for all individuals. We encourage people with disabilities to fully participate in all programs offered by the department. Please contact Parks and Recreation for more information.

Hey - What Happened To My Class?

Nothing kills a recreation program faster than residents who wait until the last minute to register. There is a point when a program must be canceled or modified. All programs require a high level of coordination often including facility scheduling, staffing, volunteer recruitment and purchasing of supplies. Please register early; then everyone will get a chance to participate.

Email List

Please set up an account through our website to be added to our email database and receive important information on the Department and our programs! Visit www.ehtrec.com, click Account, then Create Account.

Oops!

The Parks and Recreation Department makes every effort to ensure the accuracy of the program information found in this brochure. Changes in programming may occur, and we will attempt to keep information updated on our website. All programs, instructors, and locations are subject to change.

No News is Good News

We do not call or mail participants with program confirmations. We will only call you if you did not get into a class, or a class has been canceled due to minimum enrollment.

Photo Policy

Please be advised that all participants involved in any Parks and Recreation Department program, or special event are subject to being photographed. Such photographs may be used by the Township of Egg Harbor without obligation to provide notice or compensation to those photographed. Any participant or parent/guardian of participant that does not wish to be photographed must notify the Recreation Department in writing.

